

CONTACT

THE PHOENIX PROJECT

"YE SHALL KNOW THE TRUTH AND THE TRUTH SHALL MAKE YOU MAD!"

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NEWS REVIEW

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MIND CONTROL

The New World Order Doesn't Play Fair

In the 4/7/93 #3 writing for the Introduction to JOURNAL #66 called ULTIMATE PSYCHOPOLITICS, MASS MIND CONTROL & THE GLOBAL CONTROL SYSTEM Commander Hatonn asked the question, **HOW DID YOU GET TO HERE?** and then said, "You got to here through the most massive and comprehensive of human replication, psychopolitical interactions, microwave harassment and **mind control**. It goes far beyond the old idea of 'brain washing' for these things are now used against you **IN MASS!**"

Today, quoting from the "Purpose" section of a document called **THE TOP SECRET PROJECT MONARCH**, I read, "The U.S. Department of Defense's original plan to research the **mind control** phenomena was to determine psychological and chemical formulas for providing the U.S. with the

'perfect' espionage agent. This quickly evolved into planning the 'production' of the perfect soldier, government worker, **slave**.

"However, German SS officer-occultist Himmler's research & development scientists sent this search for the 'Manchurian Candidate' off in another direction—**PSYCHOLOGICAL GENETIC ENGINEERING**.

"It was determined that 'absolute' mind control could be realized through specific tortures of the intended transgenerational victim—from the moment of birth.

"Armed with this deadly research AND a collection of 'dedicated psychiatrists' from Germany, Italy and the U.S., a new but ancient form of mind control was re-born through Project Monarch.

"Modern science had simply unraveled the occult cryptic so-called 'magikal' secrets of mind control—to spawn a new generation

of 'superior beings'—who could **NEVER ASK WHAT THEIR COUNTRY COULD DO FOR THEM, BUT ONLY WHAT THEY COULD DO FOR THEIR COUNTRY.**" In other words—welcome to our future as docile **SLAVES** of the satanic elite's New World Order plan.

The only antidote for this creeping cancer is **TRUTH** because, as Commander Hatonn said further on in that 4/7/93 #3 writing, "The **ONLY** way to conquer a man is to capture his mind. Control a man's mind and you control his body and all his actions."

Something to **THINK** about as you dive into this week's **CONTACT**, since we finish an excellent Napa Sentinel investigative report on mind control, and the subject later surfaces, again, in a dynamite interview with Gunther Russbacher

— Dr. Edwin M. Young
Editor-In-Chief

FIRST CLASS MAIL

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* MIND CONTROL *

More Shocking Revelations

Editor's note: On page 2 of last week's CONTACT we began our presentation of this excellent investigative series from the Napa Sentinel with the first five installments, with the initial installment dated August 13, 1991. We here continue and finish out the series with the remaining eight segments.

While the levels of perverted manipulation uncovered and described herein certainly speak disgustingly loud and clear for themselves, keep always in mind that this is only the "tip of the iceberg" of mind control activity that actually extends quite far into technologically advanced realms under the elite satanic controllers' able direction.

I would particularly call your attention to the 11th installment of this series, which describes techniques that confirm what Commander Hatonn has so often said about some people "receiving" from the nearest military base! Also note in the final, 13th, installment the mention of "Project Paperclip" which brought so many Nazi scientists into the U.S. Diligent readers will have just read all about this project, again, in last week's CONTACT in the large block of reprinting of Ray Renick's material.

By Harry V. Martin
and David Caul

Sixth in a Series
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Dr. Earl Brian, Governor Ronald Reagan's Secretary of Health, was adamant about his support for mind control centers in California. He felt the behavior modification plan of the Violence Control Centers was important in the prevention of crime.

The Violence Control Center was actually the brainchild of William Herrmann as part of a pacification plan for California. A counter-insurgency expert for Systems Development Corporation and an advisor to Governor Reagan, Herrmann worked with the Stand Research Institute, the RAND Corporation, and the Hoover Center on Violence. Herrmann was also a CIA agent who is now serving an eight-year prison sentence for his role in a CIA counterfeiting operation. He was also directly linked with the Iran-Contra affair accord-

ing to government records and Herrmann's own testimony.

In 1970, Herrmann worked with Colston Westbrook as his CIA control officer when Westbrook formed and implemented the Black Cultural Association at the Vacaville Medical Facility — a facility which in July experienced the death of three inmates who were forcibly subjected to behavior modification drugs. While the Black Cultural Association was ostensibly an education program designed to instill Black pride identity in prisons, the Association was really a cover for an experimental behavior modification pilot project designed to test the feasibility of programming unstable prisoners to become more manageable.

Westbrook worked for the CIA in Vietnam as a psychological warfare expert, and as an advisor to the Korean equivalent of the CIA and the Lon Nol regime in Cambodia. Between 1966 and 1969, he was an advisor to the Vietnamese Police Special Branch under the cover of working as an employee of Pacific Architects and Engineers.

His "firm" contracted the building of the interrogation-torture centers in every province of South Vietnam as part of the CIA's Phoenix Program. The program was centered around behavior modification experiments to learn how to extract information from prisoners of war — a direct violation of the Geneva Accords.

Westbrook's most prominent client at Vacaville was Donald DeFreeze, who between 1967 and 1969, had worked for the Los Angeles Police Department's Disorder Intelligence unit and later became the leader of the Symbionese Liberation Army (SLA). Many authorities now believe that the Black Cultural Association at Vacaville was the seeding of the SLA. Westbrook even designed the SLA logo — the cobra with seven heads — and gave DeFreeze his African name of Cinque. The SLA was responsible for the assassination of Marcus Foster, Superintendent of Schools in Oakland, California, and the kidnapping of Patty Hearst.

As a counterinsurgency consultant for Systems Development Corporation, a security firm, Herrmann told the *Los Angeles Times* that a good computer intelligence

system "would separate out the activist bent on destroying the system" and then develop a master plan "to win the hearts and minds of the people". The San Francisco-based *Bay Guardian*, recently identified Herrmann as an international arms dealer working with Iran in 1980 — and possibly involved in the October Surprise. Herrmann is in an English prison for counterfeiting. He allegedly met with Iranian officials to ascertain whether the Iranians would trade arms for hostages held in Lebanon.

The London *Sunday Telegraph* confirmed Herrmann's CIA connections, tracing them from 1976 to 1986. He also worked for the FBI. This information was revealed in his London trial.

In the 1970s, Dr. Brian and Herrmann worked together under Governor Reagan on the Center for the Study and Reduction of Violence, and then, a decade later, again worked under Reagan. Both men have been identified as working for Reagan with the Iranians.

The Violence Center, however, died an agonizing death. Despite the Ervin Senate Committee investigation and chastation of mind control, the experiments continued. But when the Watergate scandal broke in the early 1970s, Washington felt it was too politically risky to continue to push for mind control centers.

Top doctors began to withdraw from the proposal because they felt that there were not enough safeguards. Even the Law Enforcement Assistance Agency, which funded the program, backed out, stating, the proposal showed "little evidence of established research ability of the kind of level necessary for a study of this scope".

Eventually it became known that control of the Violence Center was not going to rest with the University of California, but instead with the Department of Corrections and other law enforcement officials. This information was released publicly by the Committee Opposed to Psychiatric Abuse of Prisoners. The disclosure of the letter resulted in the main backers of the program bowing out and the eventual demise of the center.

Dr. Brian's final public statement on the matter was that the decision to cut off

funding represented "a callous disregard for public safety". Though the Center was not built, the mind control experiments continue to this day.

(NEXT: What these torturous drugs do.)

* * *

*By Harry V. Martin
and David Caul*

Seventh in a Series
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The Central Intelligence Agency held two major interests in use of LSD to alter normal behavior patterns. The first interest centered around obtaining information from prisoners of war and enemy agents — in contravention of the Geneva Accords. The second was to deter the effectiveness of drugs used against the enemy on the battlefield.

The MK-ULTRA program was originally run by a small number of people within the CIA known as the Technical Services Staff (TSS). Another CIA department, the Office of Security, also began its own testing program. Friction arose and then infighting broke out when the Office of Security commenced to spy on TSS people after it was learned that LSD was being tested on unwitting Americans.

Not only did the two branches disagree over the issue of testing the drug on the unwitting, they also disagreed over the issue of how the drug was actually to be used by the CIA. The office of Security envisioned the drug as an interrogation weapon. But the TSS group thought the drug could be used to help destabilize another country — it could be slipped into the food or beverage of a public official in order to make him behave foolishly or oddly in public. One CIA document reveals that LSD could be administered right before an official was to make a public speech.

Realizing that gaining information about the drug in real-life situations was crucial to exploiting the drug to its fullest, TSS started conducting experiments on its own people. There was an extensive amount of self-experimentation. The Office of Security felt the TSS group was playing with fire, especially when it was learned that TSS was prepared to spike an annual office Christmas party punch with LSD — the Christmas party of the CIA. LSD could produce serious insanity for periods of 8 to 18 hours and possibly longer.

One of the "victims" of the punch was agent Frank Olson. Having never had drugs before, LSD took its toll on Olson. He reported that every automobile that came by was a terrible monster with fantastic eyes, out to get him personally. Each time a car passed he would huddle down against a parapet, terribly frightened. Olson began

to behave erratically. The CIA made preparation to treat Olson at Chestnut Lodge, but before they could, Olson checked into a New York hotel and threw himself out from his tenth story room. The CIA was ordered to cease all drug testing.

Mind control drugs and experiments were torturous to the victims. One of three inmates who died in Vacaville Prison in July was scheduled to appear in court in an attempt to stop forced administration of a drug — the very drug that may have played a role in his death.

Joseph Cannata believed he was making progress and did not need forced dosages of the drug Haldol. The Solano County Coroner's Office said that Cannata and two other inmates died of hyperthermia — extremely elevated body temperature. Their bodies all had at least 108-degree temperatures when they died. The psychotropic drugs they were being forced to take will elevate body temperature.

Dr. Ewen Cameron, working at McGill University in Montreal, used a variety of experimental techniques, including keeping subjects unconscious for months at a time, administering huge electroshocks and continual doses of LSD.

Massive lawsuits developed as a result of this testing, and many of the subjects who suffered trauma had never agreed to participate in the experiments. Such CIA experiments infringed upon the much-honored Nuremberg Code concerning medical ethics. Dr. Cameron was one of the members of the Nuremberg Tribunal.

LSD research was also conducted at the Addiction Research Center of the U.S. Public Health Service in Lexington, Kentucky. This institution was one of several used by the CIA. The National Institute of Mental Health and the U.S. Navy funded this operation. Vast supplies of LSD and other hallucinogenic drugs were required to keep the experiments going. Dr. Harris Isbell ran the program. He was a member of the Food and Drug Administration's Advisory Committee on the Abuse of Depressant and Stimulant Drugs. Almost all of the inmates were black. In many cases, LSD dosage was increased daily for 75 days.

Some 1500 U.S. soldiers were also victims of drug experimentation. Some claimed they had agreed to become guinea pigs only through pressure from their superior officers. Many claimed they suffered from severe depression and other psychological stress.

One such soldier was Master Sergeant Jim Stanley. LSD was put in Stanley's drinking water and he freaked out. Stanley's hallucinations continued even after he returned to his regular duties. His service record suffered, his marriage went on the rocks and he ended up beating his wife and children. It wasn't until 17 years later that Stanley was informed by the

military that he had been an LSD experiment. He sued the government, but the Supreme Court ruled no soldier could sue the Army for the LSD experiments. Justice William Brennan disagreed with the Court decision. He wrote, "Experimentation with unknowing human subjects is morally and legally unacceptable."

Private James Thornwell was given LSD in a military test in 1961. For the next 23 years he lived in a mental fog, eventually drowning in a Vallejo swimming pool in 1984. Congress had set up a \$625,000 trust fund for him. Large scale LSD tests on American soldiers were conducted at Aberdeen Proving Ground in Maryland, Fort Benning, Georgia, Fort Leavenworth, Kansas, Dugway Proving Ground, Utah, and in Europe and the Pacific. The Army conducted a series of LSD tests at Fort Bragg in North Carolina. The purpose of the tests were to ascertain how well soldiers could perform their tasks on the battlefield while under the influence of LSD. At Fort McClellan, Alabama, 200 officers in the Chemical Corps were given LSD in order to familiarize them with the drug's effects. At Edgewood Arsenal, soldiers were given LSD and then confined to sensory deprivation chambers and later exposed to harsh interrogation sessions by intelligence people. In these sessions, it was discovered that soldiers would cooperate if promised they would be allowed to get off the LSD.

In Operation Derby Hat, foreign nationals accused of drug trafficking were given LSD by the Special Purpose Team, with one subject begging to be killed in order to end his ordeal. Such experiments were also conducted in Saigon on Viet Cong POWs.

One of the most potent drugs in the U.S. arsenal is called BZ or quinuclidinyl benzilate. It is a long-lasting drug and brings on a litany of psychotic experiences and almost completely isolates any person from his environment. The main effects of BZ last up to 80 hours compared to 8 hours for LSD. Negative after-effects may persist for up to six weeks.

The BZ experiments were conducted on soldiers at Edgewood Arsenal for 16 years. Many of the "victims" claim that the drug permanently affected their lives in a negative way. It so disorientated one paratrooper that he was found taking a shower in his uniform and smoking a cigar. BZ was eventually put in hand grenades and a 750 pound cluster bomb. Other configurations were made for mortars, artillery and missiles. The bomb was tested in Vietnam and **CIA documents indicate it was prepared for use by the U.S. in the event of large-scale civilian uprisings.**

In Vacaville, psychosurgery has long been a policy. In one set of cases, experimental psychosurgery was conducted on three inmates — a black, a Chicano and a

white person. This involved the procedure of pushing electrodes deep into the brain in order to determine the position of defective brain cells, and then shooting enough voltage into the suspected area to kill the defective cells. One prisoner, who appeared to be improving after surgery, was released on parole, but ended up back in prison. The second inmate became violent and there is no information on the third inmate.

Vacaville also administered a "terror drug"—Anectine—as a way of "suppressing hazardous behavior". In small doses, Anectine serves as a muscle relaxant; in huge doses, it produces prolonged seizure of the respiratory system and a sensation "worse than dying". The drug goes to work within 30 to 40 seconds by paralyzing the small muscles of the fingers, toes, and eyes, and then moves into the intercostal muscles and the diaphragm. The heart rate subsides to 60 beats per minute, respiratory arrest sets in and the patient remains completely conscious throughout the ordeal, which lasts two to five minutes. The experiments were also used at Atascadero.

Several mind altering drugs were originally developed for non-psychoactive purposes. Some of these drugs are Phenothiazine and Thorzine. The side effects of these drugs can be a living hell. The impact includes the feeling of drowsiness, disorientation, shakiness, dry mouth, blurred vision and an inability to concentrate. Drugs like Prolixin are describe by users as "sheer torture" and "becoming a zombie".

The Veterans Administration Hospital has been shown by the General Accounting Office to apply heavy dosages of psychotherapeutic drugs. One patient was taking eight different drugs — three antipsychotic, two antianxiety, one antidepressant, one sedative and one anti-Parkinson. Three of these drugs were being given in dosages equal to the maximum recommended. Another patient was taking seven different drugs. One report tells of a patient who refused to take the drug. "I told them I don't want the drug to start with — they grabbed me and strapped me down and gave me a forced intramuscular shot of Prolixin. They gave me Artane to counteract the Prolixin and they gave me Sinequan, which is a kind of tranquilizer to make me calm down, which over-calmed me; so rather than letting up on the medication, they then gave me Ritalin to pep me up."

Prolixin lasts for two weeks. One patient describes how the drug does not calm or sedate nerves, but instead attacks from so deep inside you, you cannot locate the source of the pain. "The drugs turn your nerves in upon yourself. Against your will, your resistance, your resolve, your nerves are directed at your own tissues, your own

muscles, reflexes, etc." The patient continues, "The pain grinds into your fiber; your vision is so blurred you cannot read. You ache with restlessness, so that you feel you have to walk, to pace. And then as soon as you start pacing, the opposite occurs to you — you must sit and rest. Back and forth, up and down, you go in pain you cannot locate. In such wretched anxiety you are overwhelmed because you cannot get relief even in breathing."

(To be continued.)

* * *

By Harry V. Martin
and David Caul

Eighth in a Series
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"We need a program of psychosurgery for political control of our society. The purpose is physical control of the mind. Everyone who deviates from the given norm can be surgically mutilated.

"The individual may think that the most important reality is his own existence, but this is only his personal point of view. This lacks historical perspective.

"Man does not have the right to develop his own mind. This kind of liberal orientation has great appeal. We must electrically control the brain. Some day armies and generals will be controlled by electric stimulation of the brain." These were the remarks of Dr. José Delgado as they appeared in the February 24, 1974 edition of the *Congressional Record*, No. 26., Vol. 118.

Despite Dr. Delgado's outlandish statements before Congress, his work was financed by grants from the Office of Naval Research, the Air Force Aero-Medical Research Laboratory, and the Public Health Foundation of Boston.

Dr. Delgado was a pioneer of the technology of Electrical Stimulation of the Brain (ESB). The *New York Times* ran an article on May 17, 1965 entitled "Matador With a Radio Stops Wild Bull". The story details Dr. Delgado's experiments at Yale University School of Medicine and work in the field at Cordova, Spain. The *New York Times* stated:

"Afternoon sunlight poured over the high wooden barriers into the ring, as the brave bull bore down on the unarmed matador, a scientist who had never faced a fighting bull. But the charging animal's horn never reached the man behind the heavy red cape. Moments before that could happen, Dr. Delgado pressed a button on a small radio transmitter in his hand and the bull braked to a halt. Then he pressed another button on the transmitter, and the

bull obediently turned to the right and trotted away. The bull was obeying commands in his brain that were being called forth by electrical stimulation by the radio signals to certain regions in which fine wires had been painlessly planted the day before."

According to Dr. Delgado, experiments of this type have also been performed on humans. While giving a lecture on the Brain in 1965, Dr. Delgado said, "Science has developed a new methodology for the study and control of cerebral function in animals and humans."

The late L.L. Vasiliev, Professor of Physiology at the University of Leningrad, wrote in a paper about hypnotism: **"As a control of the subject's condition, when she was outside the laboratory in another set of experiments, a radio set was used. The results obtained indicate that the method of using radio signals substantially enhances the experimental possibilities."** The professor continued to write, "I.F. Tomashevsky (a Russian physiologist) carried out the first experiments with this subject at a distance of one or two rooms, and under conditions that the participant would not know or suspect that she would be experimented with. In other cases, the sender was not in the same house, and someone else observed the subject's behavior. Subsequent experiments at considerable distances were successful. One such experiment was carried out in a park at a distance. Mental suggestions to go to sleep were complied with within a minute."

The Russian experiments in the control of a person's mind through hypnosis and radio waves were conducted in the 1930s — some 30 years before Dr. Delgado's bull experiment. Dr. Vasiliev definitely demonstrated that radio transmission can produce stimulation of the brain. It is not a complex process. In fact, it need not be implanted within the skull or be productive of stimulation of the brain, itself. All that is needed to accomplish the radio control of the brain is a twitching muscle. The subject becomes hypnotized and a muscle stimulant is activated — in this case by radio transmission.

Lincoln Lawrence wrote a book entitled *Were We Controlled?* Lawrence wrote, "If the subject is placed under hypnosis and mentally programmed to maintain a determination eventually to perform one specific act, perhaps to shoot someone, it is suggested thereafter, each time a particular muscle twitches in a certain manner, which is then demonstrated by using the transmitter, he will increase this determination even more strongly. As the hypnotic spell is renewed again

and again, he makes it his life's purpose to carry out this act until it is finally achieved. Thus are the two complementary aspects of Radio-Hypnotic Intracerebral Control (RHIC) joined to reinforce each other, and perpetuate the control, until such time as the controlled behavior is called for. This is done by a second session with the hypnotist giving final instructions. These might be reinforced with radio stimulation in more frequent cycles. They could even carry over the moments after the act to reassure calm behavior during the escape period, or to assure that one conspirator would not indicate that he was aware of the co-conspirator's role, or that he was even acquainted with him."

RHIC constitutes the joining of two well known tools, the radio part and the hypnotism part. People have found it difficult to accept that an individual can be hypnotized to perform an act which is against his moral principles. Some experiments have been conducted by the U.S. Army which show that this popular perception is untrue.

The Chairman of the Department of Psychology at Colgate University, Dr. Estabrooks, has stated, "**I can hypnotize a man without his knowledge or consent into committing treason against the United States.**" Estabrooks was one of the nation's most authoritative sources in the hypnotic field. The psychologist told officials in Washington that a mere 200 well trained hypnotists could develop an army of mind-controlled sixth columnists in wartime United States. He laid out a scenario of an enemy doctor placing thousands of patients under hypnotic mind control, and eventually programming key military officers to follow his assignment. Through such maneuvers, he said, the entire U.S. Army could be taken over. Large numbers of saboteurs could also be created using hypnotism through the work of a doctor practicing in a neighborhood of foreign-born nationals with close cultural ties with an enemy power.

Dr. Estabrooks actually conducted experiments on U.S. soldiers to prove his point. Soldiers of low rank and little formal education were placed under hypnotism and their memories tested. Surprisingly, hypnotists were able to control the subjects' ability to retain complicated verbal information. J.G. Watkins followed in Estabrooks' steps and induced soldiers of lower rank to commit acts which conflicted not only with their moral code, but also the military code which they had come to accept through their basic training. One of the experiments involved placing a normal, stable army private in a deep trance. Watkins was trying to see if he could get the

private to attack a superior officer — a cardinal sin in the military. While the private was in a deep trance, Watkins told him that the officer sitting across from him was an enemy soldier who was going to attempt to kill him. In the private's mind, it was a kill-or-be-killed situation. The private immediately jumped up and grabbed the officer by the throat. The experiment was repeated several times, and in one case the man who was hypnotized and the man who was attacked were very close friends. The results were always the same. In one experiment, the hypnotized subject pulled out a knife and nearly stabbed another person.

Watkins concluded that people could be induced to commit acts contrary to their morality if their reality was distorted by the hypnotism. Similar experiments were conducted by Watkins using WACs exploring the possibility of making military personnel divulge military secrets. A related experiment had to be discontinued because a researcher, who had been one of the subjects, was exposing numerous top-secret projects to his hypnotist, who did not have the proper security clearance for such information. The information was divulged before an audience of 200 military personnel.

(Next: School for Assassins)

* * *

MIND CONTROL: A Navy School For Assassins

By Harry V. Martin
and David Caul

Ninth in a Series
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In man's quest to control the behavior of humans, there was a great breakthrough established by Pavlov, who devised a way to make dogs salivate on cue. He perfected his conditioning response technique by cutting holes in the cheeks of dogs and measured the amount they salivated in response to different stimuli. Pavlov verified that "quality, rate and frequency of the salivation changed depending upon the quality, rate and frequency of the stimuli."

Though Pavlov's work falls far short of human mind control, it did lay the groundwork for future studies in mind and behavior control of humans. John B. Watson conducted experiments in the United States on an 11-month-old infant. After allowing the infant to establish a rapport with a white rat, Watson began to beat on the floor with an iron

bar every time the infant came in contact with the rat. After a time, the infant made the association between the appearance of the rat and the frightening sound, and began to cry every time the rat came into view. Eventually, the infant developed a fear of any type of small animal. Watson was the founder of the Behaviorist School of Psychology.

"Give me the baby, and I'll make it climb and use its hands in constructing buildings or stone or wood. I'll make it a thief, a gunman or a dope fiend. The possibilities of shaping in any direction are almost endless. Even gross differences in anatomical structure limits are far less than you may think. Make him a deaf mute, and I will build you a Helen Keller. Men are built, not born," Watson proclaimed. His psychology did not recognize inner feelings and thoughts as legitimate objects of scientific study - he was only interested in overt behavior.

Though Watson's work was the beginning of man's attempts to control human actions, the real work was done by B.F. Skinner, the high priest of the Behaviorists movement. The key to Skinner's work was the concept of operant conditioning, which relied on the notion of reinforcement — *all behavior which is learned is rooted in either a positive or negative response to that action.* There are two corollaries of operant conditioning: Aversion Therapy and Desensitization.

Aversion Therapy uses unpleasant reinforcement to a response which is undesirable. This can take the form of electric shock, exposing the subject to fear-producing situations, and the infliction of pain in general. It has been used as a way of "curing" homosexuality, alcoholism and stuttering. Desensitization involves forcing the subject to view disturbing images over and over again until they no longer produce any anxiety, then moving on to more extreme images, and repeating the process over again until no anxiety is produced. Eventually, the subject becomes immune to even the most extreme images. This technique is typically used to treat people's phobias. Thus, the violence shown on TV could be said to have the unsystematic and unintended effect of desensitization.

Skinnerian Behaviorism has been accused of attempting to deprive man of his free will, his dignity and his autonomy. It is said to be intolerant of uncertainty in human behavior, and refuses to recognize the private, the ineffable, and the unpredictable. It sees the individual merely as a medical, chemical and mechanistic entity which has no comprehension of its real interests.

Skinner believed that people are go-

ing to be manipulated. "I just want them to be manipulated effectively," he said. He measured his success by the absence of resistance and counter-control on the part of the person he was manipulating. He thought that his techniques could be perfected to the point that the subject would not even suspect that he was being manipulated.

Dr. James V. McConnel, head of the Department of Mental Health Research at the University of Michigan, said, "**The day has come when we can combine sensory deprivation with the use of drugs, hypnosis, and the astute manipulation of reward and punishment to gain almost absolute control over an individual's behavior. We want to reshape our society drastically.**"

A U.S. Navy psychologist claims that the Office of Naval Intelligence had taken convicted murderers from military prisons, used behavior modification techniques on them, and then relocated them to American embassies throughout the world. Just prior to that time, the U.S. Senate Intelligence Committee had censured the CIA for its global political assassination plots, including plots against Fidel Castro. The Navy psychologist was Lt. Commander Thomas Narut of the U.S. Regional Medical Center in Naples, Italy. The information was divulged at an Oslo NATO conference of 120 psychologists from the eleven-nation alliance.

According to Dr. Narut, the U.S. Navy was an excellent place for a researcher to find "captive personnel" whom they could use as guinea pigs in experiments. The Navy provided all the funding necessary, according to Narut.

Dr. Narut, in a question-and-answer session with reporters from many nations, revealed how **the Navy was secretly programming large numbers of assassins.** He said that the men he had worked with for the Navy were being prepared for commando-type operations, as well as covert operations in U.S. embassies worldwide. He described the men who went through his program as "hit men and assassins" who could kill on command.

Careful screening of the subjects was accomplished by Navy psychologists through the military records, and those who actually received assignments where their training could be utilized, were drawn mainly from submarine crews, the paratroops, and many were convicted murderers serving military prison sentences. Several men who had been awarded medals for bravery were drafted into the program.

The assassins were conditioned through "audio-visual desensitization". The process involved the showing of films of people being injured or killed in a variety of ways, starting with very mild depictions, leading up to the more extreme forms of mayhem.

Eventually, the subjects would be able to detach their feelings even when viewing the most horrible of films. The conditioning was most successful when applied to "passive-aggressive" types, and most of these ended up being able to kill without any regrets. The prime indicator of violent tendencies was the Minnesota Multiphasic Personality Inventory. Dr. Narut knew of two Navy programming centers, the neuropsychiatric laboratory in San Diego and the U.S. Regional Medical Center in Italy, where he worked.

During the audio-visual desensitization programming, restraints were used to force the subject to view the films. A device was used on the subjects eyelids to prevent him from blinking. Typically, the preliminary film was on an African youth being ritually circumcised with a dull knife and without any anesthetic. The second film showed a sawmill scene in which a man accidentally cut off his fingers.

In addition to the desensitization films, the potential assassins underwent programming to create prejudicial attitude in the men, to think of their future enemies, especially the leaders of these countries, as sub-human. Films and lectures were presented demeaning the culture and habits of the people of the countries where it had been decided they would be sent.

After his NATO lecture, Dr. Narut disappeared. He could not be located. Within a week or so after the lecture, the Pentagon issued an emphatic denial that the U.S. Navy had "engaged in psychological training or other types of training of personnel as assassins." They disavowed the programming centers in San Diego and Naples and stated they were unable to locate Narut, but did provide confirmation that he was a staff member of the U.S. Regional Medical Center in Naples.

Dr. Alfred Zitani, an American delegate to the Oslo conference, did verify Narut's remarks and they were published in the *Sunday Times*.

Sometime later, Dr. Narut surfaced again in London and recanted his remarks, stating that he was "talking in theoretical and not practical terms." Shortly thereafter, the U.S. Naval headquarters in London issued a statement indicating that Dr. Narut's remarks at the NATO conference should be discounted because he had "personal problems". Dr. Narut never made any further public statements about the program.

During the NATO conference in Oslo, Dr. Narut had remarked that the reason he was divulging the information was because he believed that the information was coming out anyway. The doctor was referring to the disclosures by a Congressional Subcommittee which were then appearing in the press concerning various CIA assassination plots. However, what Dr. Narut had

failed to realize at the time, was that the Navy's assassination plots were not destined to be revealed to the public at that time.

(To be continued.)

* * *

Soviets, U.S. Both Using Mind Control Methods

By Harry V. Martin
and David Caul

Tenth in a Series
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November 5, 1991

There were three scientists who pioneered the work of using an electromagnetic field to control human behavior. Their work began 25 years ago. These three were Dr. José Delgado, psychology professor at Yale University; Dr. W. Ross Adey, a physiologist at the Brain Research Institute at UCLA; and Dr. Wilder Penfield, a Canadian.

Dr. Penfield's experiments consisted of the implantation of electrodes deep into the cortexes of epilepsy patients who were to undergo surgery; he was able to drastically improve the memories of these patients through electrical stimulation. Dr. Adey implanted transmitters in the brains of cats and chimpanzees that could send signals to a receiver regarding the electrical activity of the brains; additional radio signals were sent back into the brains of the animals which modified their behavior at the direction of the doctor. Dr. Delgado was able to stop and turn a charging bull through the use of an implanted radio receiver.

Other experiments using platinum, gold and stainless steel electrode implants enabled researchers to induce total madness in cats, put monkeys into a stupor, or to set human beings jerking their arms up and down. Much of Delgado's work was financed by the CIA through phony funding conduits masking themselves as charitable organizations.

Following the successes of Delgado's work, the CIA set up their own research program in the field of electromagnetic behavior modification under the code name Sleeping Beauty. With the guidance of Dr. Ivor Browning, a laboratory was set up in New Mexico, specializing in working with the hypothalamus or "sweet spot" of the brain. Here it was found that stimulating this area could produce intense euphoria.

Dr. Browning was able to wire a radio receiver-amplifier into the "sweet spot" of a donkey which picked up a five-microamp signal, such that he could create intense happiness in the animal. Using the jolts of

happiness as an "electronic carrot", Browning was able to send the donkey up a 2000 foot New Mexico mountain and back to its point of origin. When the donkey was proceeding up the path toward its destination, it was rewarded; when it deviated, the signal stopped. "You've never seen a donkey so eager to keep on course in your whole life," Dr. Browning exclaimed.

The CIA utilized the "electronic carrot" technique for getting trained pigeons to fly miniature microphone-transmitters to the ledge of a KGB safe house where the devices monitored conversations for months. There was a move within the CIA to conduct further experiments on humans, foreigners and prisoners, but officially the White House vetoed the idea as being unethical.

In May 1989, it was learned by the CIA that **the KGB was subjecting people undergoing interrogation to electromagnetic fields, which produced a panic reaction**, thereby bringing them closer to breaking down under questioning. The subjects were not told that they were being placed under the influence of these beams. A few years earlier, Dr. Ross Adey released photographs and a fact sheet concerning what he called the Russian Lida machine. This consisted of a small transmitter emitting 10-hertz waves which makes the subject susceptible to hypnotic suggestion. The device utilized the outmoded vacuum-tube design. American POWs in Korea have indicated that similar devices had been used for interrogation purposes in POW camps.

The general, long term goal of the CIA was to find out whether or not mind control could be achieved through the use of a precise, external, electromagnetic beam. The electrical activity of the brain operates within the range of 100 hertz frequency. This spectrum is called ELF or Extremely Low Frequency range. ELF waves carry very little ionizing radiation and very low heat, and therefore do not manifest gross, observable physical effects on living organisms. Published Soviet experiments with ELFs reveal that there was a marked increase in psychiatric and central nervous system disorders and symptoms of stress for sailors working close to ELF generators.

In the mid-1970s, American interest in combining EMR techniques with hypnosis was very prominent. Plans were on file to develop these techniques through experiments on human volunteers. The spoken word of the hypnotist could be conveyed by modulated electromagnetic energy directly into the subconscious parts of the human brain without employing any technical devices for receiving or transacting the messages and without the person exposed to such influence having a chance to control the information input conscious-

ly.

In California, it was discovered by Dr. Adey that animal brain waves could be altered directly by ELF fields. It was found that monkey brains would fall in phase with ELF waves. These waves could easily pass through the skull, which normally protected the central nervous system from outside influence.

In San Leandro, Dr. Elizabeth Rauscher, director of Technic Research Laboratory, has been doing ELF-brain research with human subjects for some time. One of the frequencies produces nausea for more than an hour. Another frequency — she calls it the marijuana frequency — gets people laughing. **"Give me the money and three months," she says, "and I'll be able to affect the behavior of eighty percent of the people in this town without their knowing it."**

In the past, the Soviet Union has invested large sums of time and money investigating microwaves. In 1952, while the Cold War was showing no signs of thawing, there was a secret meeting at the Sandia Corporation in New Mexico between U.S. and Soviet scientists involving the exchange of information regarding the biological hazards and safety levels of EMR. The Soviets possessed the greater preponderance of information, and the American scientists were unwilling to take it seriously. In subsequent meetings, the Soviet scientists continued to stress the seriousness of the risks, while American scientists downplayed their importance.

Shortly after the last Sandia meeting, the Soviets began directing a microwave beam at the U.S. Embassy in Moscow, using Embassy workers as guinea pigs for low-level EMR experiments. Washington, D.C. was oddly quiescent, regarding the Moscow Embassy bombardment. Discovered in 1962, the Moscow signal was investigated by the CIA, which hired a consultant, Milton Zaret, and code-named the research Project Pandora. According to Zaret, the Moscow signal was composed of several frequencies, and was focussed precisely upon the Ambassador's office. The intensity of the bombardment was not made public, but when the State Department finally admitted the existence of the signal, it announced that it was fairly low.

There was consensus among Soviet EMR researchers that a beam such as the Moscow signal was destined to produce blurred vision and loss of mental concentration. The *Boston Globe* reported that the American ambassador had not only developed a leukemia-like blood disease, but also suffered from bleeding eyes and chronic headaches. Under the CIA's Project Pandora, monkeys were brought into the Embassy and exposed to the Moscow signal; they were found to have developed blood composition anomalies and unusual chromo-

some counts. Embassy personnel were found to have a 40 percent higher than average white blood cell count. While Operation Pandora's data gathering proceeded, Embassy personnel continued working in the facility and were not informed of the bombardment until 10 years later. Embassy employees were eventually granted a 20-percent hardship allowance for their service in an unhealthful post. Throughout the period of bombardment, the CIA used the opportunity to gather data on psychological and biological effects of the beam on American personnel.

The U.S. government began to examine the effects of the Moscow signal. The job was turned over to the Defense Advanced Research Projects Agency (DARPA). **DARPA is now developing electromagnetic weaponry.** The man in charge of the DARPA program, Dr. Jack Verona, is so important and so secretive that he doesn't even return President George Bush's telephone calls.

(To be continued.)

* * *

By Harry V. Martin
and David Caul

Eleventh in a Series
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Friday, November 8, 1991

The American public was never informed that the military had planned to develop electromagnetic weapons until 1982 — when the revelation appeared in a technical Air Force magazine.

The magazine article stated, **"...specifically generated radio-frequency radiation (RFR) fields may pose powerful and revolutionary anti-personnel military trends." The article indicated that it would be very easy to use electromagnetic fields to disrupt the human brain because the brain, itself, was an electrically mediated organ. It further indicated that a rapidly scanning RFR system would have a stunning or killing capability over a large area. The system was developable.**

Navy Captain Dr. Paul E. Taylor read a paper at the Air University Center for Aerospace Doctrine, Research and Education, at Maxwell Air Force Base, Alabama. Dr. Taylor was responsible for the Navy's Radiation Laboratory and had been studying radiation effects on humans. In his paper, Dr. Taylor stated, "The ability of individuals to function (as soldiers) could be degraded to such a point that they would be combat ineffective." The system was so sophisticated that it employed microwaves and millimeter waves and was transportable by a large truck.

Lawrence Livermore National Labo-

ratory, east of San Francisco, is working on the development of a "brain bomb". A bomb could be dropped in the middle of a battlefield which would produce microwaves, incapacitating the minds of soldiers within a circumscribed area.

Applications of microwave technology in espionage were available for over 25 years. In a meeting in Berkeley of the American Association for the Advancement of Science as early as 1965, Professor J. Anthony Deutsch of New York University, provided an important segment of research in the field of memory control. In layman terms, Professor Deutsch indicated that the mind is a transmitter and if too much information is received — like too many vehicles on a crowded freeway — the brain ceases to transmit. The Professor indicated that an excess of acetylcholine in the brain can interfere with the memory process and control. He indicated excess amounts of acetylcholine can be artificially produced, through both the administration of drugs or through the use of radio waves. **The process is called Electronic Dissolution of Memory (EDOM). The memory transmission can be stopped for as long as the radio signal continues.**

As a result, the awareness of the person skips over those minutes during which he is subjected to the radio signal. Memory is distorted, and time-orientation is destroyed.

According to Lincoln Lawrence, author of *Were We Controlled?*, EDOM is now operational. "There is already in use a small EDOM generator-transmitter which can be concealed on the body of the person. Contact with this person, a casual handshake or even just a touch, transmits a tiny electronic charge plus an ultra-sonic signal tone which for a short period will disturb the time-orientation of the person affected....it can be a potent weapon for hopelessly confusing evidence in the investigation of a crime."

Thirty years ago, Allen Frey discovered that microwaves of 300 to 3000 megahertz could be "heard" by people, even if they were deaf, if pulsed at a certain rate. Appearing to be originating just in back of the head, the sound boomed, clicked, hissed or buzzed, depending upon the frequency. Later research has shown that the perception of the waves takes place just in front of the ears. The microwaves cause pressure waves in the brain tissue, and this phenomenon vibrates the sound receptors in the inner ear through the bone structure.

Some microwaves are capable of directly stimulating the nerve cells of the auditory pathways. This has been confirmed with experiments with rats, in which the sound registers 120 decibels, which is equal to the volume of a nearby

jet during takeoff.

Aside from having the capability of causing pain and preventing auditory communication, a more subtle effect was demonstrated at the Walter Reed Army Institute of Research by Dr. Joseph C. Sharp. Dr. Sharp, himself, was the subject of an experiment in which pulsed microwave audiograms, or the microwave analog of the sound vibrations of spoken words, were delivered to his brain in such a way that he was able to understand the words that were spoken. Military and undercover uses of such a device might include driving a subject crazy with inner voices in order to discredit him, or conveying undetectable instructions to a programmed assassin.

But the technology has been carried even a step further. It has been demonstrated by Dr. Ross Adey that **microwaves can be used to directly bring about changes in the electrical patterns of different parts of the brain. His experiments showed that he could achieve the same mind control over animals as Dr. Delgado did without preconditioning. He made animals act and look like electronic toys.**

(Conclusion next week.)

Mind Control Origins Found In Nazi Germany

By Harry V. Martin
and David Caul

Twelfth in a Series
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At the conclusion of World War Two, American investigators learned that Nazi doctors at the Dachau concentration camp in Germany had been conducting mind control experiments on inmates. They experimented with hypnosis and with the drug mescaline.

Mescaline is a quasi-synthetic extract of the peyote cactus, and is very similar to LSD in the hallucinations which it produces. Though they did not achieve the degree of success they had desired, the SS interrogators in conjunction with the Dachau doctors were able to extract the most intimate secrets from the prisoners when the inmates were given very high doses of mescaline.

There were fatal mind control experiments conducted at Auschwitz. The experiments there were described by one informant as "brainwashing with chemicals". The informant said the Gestapo wasn't satisfied with extracting information by torture. "So the next question was, why don't we do it like the Russians, who have been able to get confessions of guilt at their

show trials?" They tried various barbiturates and morphine derivatives. After prisoners were fed a coffee-like substance, two of them died in the night and others died later.

The Dachau mescaline experiments were written up in a lengthy report issued by the U.S. Naval Technical Mission, whose job it was at the conclusion of the war to scour all of Europe for every shred of industrial and scientific material that had been produced by the Third Reich. It was as a result of this report that the U.S. Navy became interested in mescaline as an interrogation tool. The Navy initiated project Chatter in 1947, the same year the Central Intelligence Agency was formed. The Chatter format included developing methods for acquiring information from people against their will, but without inflicting harm or pain.

At the conclusion of the war, the OSS was designated as the investigative unit for the International Military Tribunal, which was to become known as the Nuremberg Trials. The purpose of Nuremberg was to try the principal Nazi leaders. Some Nazis were on trial for their experiments — and the U.S. was using its own "truth drugs" on these principal Nazi prisoners — namely Goering, Ribbentrop, Speer and eight others. The Justice in charge of the tribunal had given the OSS permission to use the drugs.

The Dachau doctors who performed the mescaline experiments also were involved in aviation medicine. The aviation experiments at Dachau fascinated Heinrich Himmler. Himmler followed the progress of the tests, studied their findings and often suggested improvements. The Germans had a keen interest in several medical problems in the field of flying — they were interested in preventing pilots from slowly becoming unconscious as a result of breathing the thin air of the high altitudes and there was interest in enhancing night vision.

The main research in this area was at the Institute of Aviation in Munich, which had excellent laboratories. The experiments in relationship to the Institute were conducted at Dachau. Inmates had been immersed in tubs of ice water with instruments placed in their orifices in order to monitor their painful deaths. Dr. Hubertus Strughold, who ran the German Aviation Medicine team, confirmed that he had heard humans were used for the Dachau experiments. Hidden in a cave in Hallein were files recording the Dachau experiments.

On May 15, 1941, Dr. Sigmund Rascher wrote a letter to Himmler requesting permission to use the Dachau inmates for experiments on the physiology of high altitudes. Rascher lamented

the fact that no such experiments have been done using human subjects. "The experiments are very dangerous and we cannot attract volunteers," he told Himmler. His request was approved.

Dachau was filled with Communists and Social Democrats, Jews, Jehovah's Witnesses, Gypsies, clergymen, homosexuals, and people critical of the Nazi government. Upon entering Dachau, prisoners lost all legal status, their hair was shaved off, all their possessions confiscated, they were poorly fed, and they were used as slaves for both the corporations and the government. The SS guards were brutal and sadistic. The idea to test subjects at Dachau was really the brainchild of Erich Hippke, chief surgeon of the Luftwaffe.

Between March and August of 1942 extensive experiments were conducted at Dachau regarding the limits of human endurance at high altitudes. These experiments were conducted for the benefit of the German Air Force. The experiments took place in a low-pressure chamber in which altitudes of up to 68,000 feet could be simulated. The subjects were placed in the chamber and the altitude was raised — many inmates died as a result. The survivors often suffered serious injury. One witness at the Nuremberg trials, Anton Pacholegg, who was sent to Dachau in 1942, gave an eyewitness account of the typical pressure test:

"The Luftwaffe delivered a cabinet constructed of wood and metal. It was possible in the cabinet to either decrease or increase the air pressure. You could observe through a little window the reaction of the subject inside the chamber. The purpose of these experiments was to test human energy and the subject's capacity ... to take large amounts of pure oxygen, and then to test his reaction to a gradual decrease in oxygen. I have personally seen through the observation window of the chamber when a prisoner inside would stand a vacuum until his lungs ruptured. Some experiments gave men such pressure in their heads that they would go mad and pull out their hair in an attempt to maim themselves in their madness. They would beat the walls with their hands and head and scream in an effort to relieve pressure in their eardrums. These cases of extreme vacuums generally ended in the death of the subjects." The former prisoner also testified, "An extreme experiment was so certain to result in death that in many instances the chamber was used for routine execution purposes rather than an experiment." A minimum of 200 prisoners were known to have died in these experiments.

The doctors directly involved with the

research held very high positions: Karl Brandt was Hitler's personal doctor; Oskar Schroeder was the Chief of the Medical Services of the Luftwaffe; Karl Gebhardt was Chief Surgeon on the Staff of the Reich Physician SS and Police and German Red Cross President; Joachim Mrugowsky was Chief of the Hygienic Institute of the Waffen SS; Helmut Poppendick was a Senior Colonel in the SS and Chief of the Personal Staff of the Reich Physicians SS and Police; Siegfried Ruff was Director of the Department of Aviation Medicine.

The first human guinea pig was a 37-year-old Jew in good health. Himmler invited 40 top Luftwaffe officers to view a movie of an inmate dying in the pressure chamber. After the pressure chamber tests, the cold treatment experiments began. The experiments consisted of immersing inmates in freezing water while their vital signs were monitored. The goal was to discover the cause of death. Heart failure was the answer. An inmate described the procedures:

"The basins were filled with water and ice was added until the water measured 37.4 F and the experimental subjects were either dressed in a flying suit or were placed in the water naked. The temperature was measured rectally and through the stomach. The lowering of the body temperature to 32 degrees was terrible for experimental subjects. At 32 degrees the subject lost consciousness. They were frozen to 25 degrees. The worst experiment was performed on two Russian officer POWs. They were placed in the basin naked. Hour after hour passed, and while usually after a short time — 60 minutes — freezing had set in, these two Russians were still conscious after two hours. After the third hour one Russian told the other, "Comrade, tell that officer to shoot us." The other replied, "Don't expect any mercy from this Fascist dog." Then they shook hands and said goodbye. The experiment lasted at least five hours until death occurred.

"Dry freezing experiments were also carried out at Dachau. One subject was put outdoors on a stretcher at night when it was extremely cold. While covered with a linen sheet, a bucket of cold water was poured over him every hour. He was kept outdoors under sub-freezing conditions. In subsequent experiments, subjects were simply left outside naked in a court under freezing conditions for hours. Himmler gave permission to move the experiments to Auschwitz, because it was more private and because the subjects of the experiment would howl all night as they froze. The physical pain of freezing was terrible. The subjects died by inches, heart-

beat became totally irregular, breathing difficulties and lung edema resulted, hands and feet became frozen white."

As the Germans began to lose the war, the aviation doctors began to keep their names from appearing in Himmler's files for fear of future recriminations.

(To be concluded Friday.)

* * *

America Made It To The Moon With Dachau Research

By Harry V. Martin
and David Caul

Last of a Thirteen-Part Series
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Friday, November 22, 1991

The Nazi doctors who experimented on the inmates of prison camps during World War Two were tried for murder at the Nuremberg Tribunal. The accused were educated, trained physicians — they did not kill in anger or in malice, they were creating a science of death.

Ironically, in 1933, the Nazis passed a law for the protection of animals. The law cited the prevention of cruelty and indifference to animals as one of the highest moral values of a people — animal experimentation was unthinkable, but human experimentations were acceptable. The victims of the crimes of these doctors numbered into the thousands.

In 1953, while the Central Intelligence Agency was still conducting mind control and behavior modification on unwitting humans in this country, the United States signed the Nuremberg Code — a code born out of the ashes of war and human suffering. The document was a solemn promise never to tolerate such human atrocities again. The Code maintains three fundamental principles:

* The subjects of any experimentation must be volunteers who thoroughly understand the purpose and the dangers of the experiments. They must be free to give consent and the consent must be without pressure and they must be free to quit the experiments at any time.

* The experiments must be likely to yield knowledge which is valuable to everyone. The knowledge must be such that it could not be gained in any other way.

* The experiments must be conducted by only the most competent doctors, and they must exercise extreme care.

The Nazi aviation experiments met none of these conditions. Most inmates at Dachau knew that the experiments in the pressure chamber were fatal. From the very beginning, control of the experiments was largely in the hands of the SS, which was later judged to be a criminal organization by the Nuremberg Tribunal.

Despite our lessons from Nuremberg and the death camps, the CIA, U.S. Navy and the U.S. Army Chemical Corps targeted specific groups of people for experimentation who were not able to resist — prisoners, mental patients, foreigners, ethnic minorities, sex deviants, the terminally ill, children and U.S. military personnel and prisoners of war. They violated the Nuremberg Code for conducting and subsidizing experiments on unwitting citizens. **The CIA began its mind control projects in 1953, the very year that the U.S. signed the Nuremberg Code and pledged with the international community of nations to respect basic human rights and to prohibit experimentation on captive populations without full and free consent.**

Dr. Cameron, a CIA operative, was one of the worst offenders against the Code, yet he was a member of the Nuremberg Tribunal — with full knowledge of its testimony. In 1973, a three-judge court in Michigan ruled, "...experimental psychosurgery, which is irreversible and intrusive, often leads to the blunting of emotions, the deadening of memory, the reduction of effect, and limits the ability to generate new ideas. Its potential for injury to the creativity of the individual is great and can infringe on the right of the individual to be free from interference with his mental process.

"The state's interest in performing psychosurgery and the legal ability of the involuntarily detained mental patient to give consent, must bow to the First Amendment, which protects the generation and free flow of ideas from unwarranted interference with one's mental processes." Citing the Nuremberg Code, the court found that "the very nature of the subject's incarceration diminishes the capacity to consent to psychosurgery." In 1973, the Commonwealth of Massachusetts enacted regulations which would require informed written consent from voluntary patients before electroshock treatment could be performed.

Senator Sam Ervin's Committee lashed out bitterly at the mind control and behavior modification experiments and ordered them discontinued — they were not. But the *New England Journal Of Medicine* states that the consent provisions are "no more than an elaborate ritual." They called it "a device that when the subject is uneducated and uncomprehending, confers no more than a semblance of propriety on human experimentation."

The Nuremberg Tribunal brought to light that some of the most respected figures in the medical profession were involved in the vast crime network of the SS. Only 23 persons were charged with criminal activity in this area, despite the fact that hundreds of medical personnel were involved. The defendants were charged with crimes against humanity. They were found guilty of planning and executing experiments on humans without their

consent, in a cruel and brutal manner which involved severe torture, deliberate murder and with the full knowledge of the gravity of their deeds. Only seven of the defendants were sentenced to death and hanged — others received life sentences. Five who were involved in the experiments were not tried. Ernest Grawitz committed suicide, Carl Clauberg was tried in the Soviet Union, Josef Mengele escaped to South America and was later captured by Israeli agents, Horst Schumann disappeared and Siegmund Rascher was executed by Himmler.

There were 200 German medical doctors conducting these medical experiments. **Most of these doctors were friends of the United States before the war, and despite their inhuman experiments, the U.S. attempted to rebuild a relationship with them after the war.** The knowledge the Germans had accumulated at the expense of human life and suffering, was considered a "booty of war" by the Americans and the Russians. The Americans tracked down Dr. Strughold, the aviation doctor who was in charge of the Dachau experiments. **With full knowledge that the experiments were conducted on captive humans, the U.S. recruited the doctors to work for them. General Dwight D. Eisenhower gave his personal approval to exploit the work and research of the Nazis in the death camps.**

Within weeks of Eisenhower's order, many of these notorious doctors were working for the U.S. Army at Heidelberg. Army teams scoured Europe for scientific experimental apparatus such as pressure chambers, compressors, G-force machines, giant centrifuges, and electron microscopes. These doctors were wined and dined by the U.S. Army while most of Germany's post-war citizens virtually starved.

The German doctors were brought to the U.S. and went to work for **Project Paperclip**. All these doctors had been insulated against war crime charges. The Nuremberg prosecutors were shocked that U.S. authorities were using the German doctors despite their criminal past.

Under the leadership of Strughold, 34 scientists accepted contracts from **Project Paperclip**, and were moved to Randolph Air Force Base at San Antonio, Texas. The authorization to hire these Nazi scientists came directly from the Joint Chiefs of Staff. The top military brass stated that they wished to exploit these rare minds. **Project Paperclip**, ironically, would use Nazi doctors to develop methods of interrogating German prisoners of war.

As hostilities began to build, after the War, between the Americans and the Russians, the U.S. imported as many as 1000 former Nazi scientists.

In 1969, Americans landed on the Moon, and two groups of scientist in the control center shared the credit — the rocket team from Peenemunde, Germany, under the lead-

ership of Werner von Braun — these men had perfected the V-2s which were built in the Nordhausen caves where 20,000 slave laborers from prison camp Dora had been worked to death. The second group were the space doctors, lead by 71-year-old Dr. Hubertus Strughold, whose work was pioneered in Experimental Block No. 5 of the Dachau concentration camp with the torture and death of hundreds of inmates. The torture chamber that was used to slowly kill the prisoners of the Nazis were the test beds for the apparatus that protected Neil Armstrong from harm, from lack of oxygen, and pressure, when he walked on the moon.

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Telephone Hotline Sizzling News

8/24/93 #1 HATONN

GUNTHER RUSSBACHER
PLAY YOUR CARDS WISELY

Don't, please, take time to perfect this message—it needs to go NOW!

Our friend, Gunther Russbacher is ordered to testify THIS MORNING (probably under way or over as we place this on the networks), to a Missouri State Grand Jury.

This testimony is, of course, coincidental with the final decision as to whether or not to parole the man. My suggestion would be, to him, to not fight them and that way we can all live to fight another day. EVERYTHING in politics is FIXED and a lot of very high-level necks are riding on testimony—and especially IF backed by documentation and PROOF. Gunther has BOTH. However, he is not stupid enough to play into their hands before they offer something. "They" "think" "THEY" have the upper hand but that is only over a man's physical incarceration. Gunther must realize that this is nothing more than a "game" they have set up and HE does not have to be the sole bearer of this load.

YOU do not know this man's contract, or, for that matter, whether or not he is even on the side of hope and goodness. His freedom, however, serves this nation well.

There will be untold pressures brought to bear which are far more difficult to handle than bamboo shoots under the fingernails—WHY? Because the adversary NEVER plays fair nor with justice. There are threats (more) to Gunther's family for he served this nation and the high-level nit-wits at the very highest levels of intelligence—Naval Intelligence.

You ALL want to know what is under way—when the most dangerous thing you can know is "what is going on". I would NEVER betray to satisfy YOUR curiosity.

You are going to find that the "hearings" (Grand Jury) will cover a LOT of very important Missouri top-ranking people and the domino effect will get a lot of high-level Washington criminals—some you will not even relate to anything going on.

For instance, how many of you are aware that the person under "stamps" misuse hoopla—was one of the passen-

gers who went to the PARIS "area" for "Surprise in October"? There is NO way that you-the-people can get this information unless you stay tuned to something like this paper and network—you surely aren't going to get THIS anywhere else—however, the system's network, the CONTACT and this phone-line are monitored constantly. JUST THE "KNOWING" CAUSES THE "CONTROL SYSTEM" TO CAREFULLY CONSIDER CONSEQUENCES OF THEIR ACTIONS—BECAUSE "YOU" ARE THE IMPORTANT ONES TO HAVE THIS INFORMATION—YOU-THE-PEOPLE! The games will continue and the pressures will continue but YOU must consider the best approach and I suggest that you bury that Missouri government, from the governor UP and DOWN WITH MESSAGES, to listen carefully to this man AND LET HIM GO! HOWEVER, YOU MUST ACT RIGHT NOW—BEFORE A RULING COMES IN, for Gunther is to learn his second parole hearing outcome THIS WEEK—coincidence??

Here is where YOU CAN make **THE DIFFERENCE!!!** PLEASE DO IT!

GEORGE GREEN — ACTING
LIKE THE EVEREADY RABBIT

Now, as we turn from that subject briefly—the most kind and gentle thing that you, who are George Green's friends, can do this day—is to warn him that by continuing to buck the elements telling him to cease and desist with his activities against these people, the Ekkers and the CONTACT, it is going to cost him DEARLY. He hears ME not—just continues to thrash about with the incredible lies and ridiculous "cause". The facts are that the CONTACT, The Institute, The Ekkers and YOU-THE-PEOPLE have the way to reach the people and these masters at intelligence "on both sides of the issue" have grown to DEPEND ON the credibility of EVERY STATEMENT COMING FROM THIS KEYBOARD AND SPEAKER. GOD isn't particularly interested in one George Green and the foolish antics of him, Horton, Perry, Anderson, etc., etc., BUT THE NAVY SEALS, THE NAVAL INTELLIGENCE, THE CIA, THE PATRIOTS, THE TRUTH NETWORKS **ARE—MOST INTERESTED INDEED TO HAVE THIS PRESSURE RE-**

LIEVED AND THIS TERRIBLE DECEITFUL ASSAULT STOPPED! There are also totally criminal elements involved here—ALSO after him—and I can only WARN you, George and Desirée,—THE ENEMY HAS MARKED YOU! YOU have made your choices AGAINST the Truth and Light—regardless of how it may seem to you—and very HUMAN beings are "after" you. THEY have warned you at least TWICE now, and the next time gets more uncomfortable and every time afterward gets even more DANGEROUS.

You seem to think you are playing in a game of Tiddle-de-Winks and arguing over bits of gold and ego. NO—you are interfering with the most high-level inner-workings of the most powerful "sides" in the world order today!

Does that mean some "Space Cadet" and ground crew? NO! (!!!) YOU WHO CONTINUE THIS ASSAULT AGAINST A MAJOR LINK IN THE CONDUIT ARE PLAYING WITH NUCLEAR WEAPONS, MASS DESTRUCTION AND HAVE INSERTED YOURSELVES IN THE MIDDLE OF THESE TWO POWERFUL, POWERFUL GROUPS—OF HUMAN PLAYERS.

I remind you all—GOD ULTIMATELY WINS—AND HE WHO SERVES ON THE SIDE OF GOD IS GOING TO COME A LONG WAY OUT FRONT IN THE LONG-RUN THAN YOU WHO CONTINUE YOUR DESTRUCTIVE, DECEITFUL LIES AGAINST ME AND MY PEOPLE. YOU HAVE, BY YOUR OWN DIS-, MIS-INFORMATION AND EGO LIES TO SELF—REMOVED ALL SHIELDING FROM YOUR HUMAN FORMS—I CAN AND WILL DO NOTHING FOR YOU HAVE TOLD ME IN NO UNCERTAIN TERMS TO "KISS OFF" AND LABELED ME A SATANIC AND EVIL BEING. THIS IS NOT TAKEN LIGHTLY, MY FRIENDS, BUT RATHER VERY SERIOUSLY INDEED!

Am "I" going to protect my people? YES INDEED! And, further, to do so—I warn you ones against me, to back off and cease your foolish actions for YOU are the FOOLS caught in a very "BIG" game.

You think you can now pass out University of Science and Philosophy information and tout their greatness? Go right ahead—because they are a functioning branch of The British Crown's Intelligence forces, MI6. Do THEY know it? The ones at the TOP certainly DO!

George, I suggest you consider what Horton is doing in your behalf and consider what is likely to happen out of all this incredible Intelligence Service involvement and reconsider YOUR STANCE!

You use the architect originally paid by the Institute; you again team up with ones who had such problems while abiding "HERE" that they are totally confused as to relationships and direction—and now serve in the compressed block business with materials which will melt with the first

rainfall. I'm sorry, but I do not CONDONE this action in any way whatsoever.

By the way—you say, George, to some, that you sat and watched Ekker "counting the loot" of that gold from Overton, and "having a ball over it"!

I SUGGEST THAT YOU ARE A FOOL; YOU CLAIM THE BOXES WERE SEALED AS ORIGINALLY RECEIVED AND PLACED WITH THE COURT. THE COURT DOCUMENT REFERS TO THE PACKAGES IN HAND AS TO "PRESUMABLY" CONTAIN GOLD. WHICH IS RIGHT GEORGE?? WE KNOW THE "COUNTING BY EKKER" CANNOT BE CORRECT UNDER EITHER CIRCUMSTANCE AND WHY DO YOU NOT WANT ANYONE TO OPEN THOSE BOXES???????? AND SETTLE THIS MATTER? ALL THIS INSTITUTE AND THE EKKERS ASK IS A RETURN "OF THE GOLD", NOT REFILLED BOXES, TO

DAVE OVERTON—WHAT IS IT WITH YOU?

You who now come under another assumption that "WE" or the ones at this location somehow work with Intelligence groups, etc.—FORGET IT. THIS IS A PLACE FROM WHICH TRUTH FLOWS TO THE BEST OF OUR ABILITY AND WHEN I SEE A TRAIN BEARING DOWN ON ONES—IT IS ONLY RIGHT THAT I GIVE WARNING! NO ONE HERE WORKS WITH ANYONE SAVE ME AND OUR WORK TO PRODUCE INFORMATION AND TRUTH. WE ARE CONSTANTLY UNDER TOTAL SURVEILLANCE HERE—FINE! WE HAVE NOTHING TO HIDE. YOU SEE, WHEN YOU DEAL IN TRUTH—YOU HAVE TO HIDE NOTHING. So be it. To some of you listening and monitoring this—IT MIGHT WELL BE YOUR FINAL WARNING TO BEWARE—THE WOLVES ARE AFTER YOU—AND THEY

ARE NOT SPACE CADETS!, NEITHER ARE THEY "ANGELS", nor, however, ARE THEY DEVILS.

I, however, do remind you that I, myself ("Hatonn") am a most awesome opponent. I believe that in spite of your turncoat tail-about, that you KNOW THAT VERY, VERY WELL!

In closing, please KNOW about the "jury" hearings, pay attention to ALL information as it comes forth and PRAY HARD FOR YOUR BROTHERS LEST OPPORTUNITIES FOR RECLAMATION ARE LOST AS THEY ARE LOST.

THERE ARE DOCUMENTS TO PROVE EVERYTHING UNDER FOCUS IN THESE HEARINGS—AND THE SUBSTANCE CAN AFFECT THE WORLD SITUATION. BE AWARE, BE EVER ALERT, ACT IN WISDOM—BUT ACT NOW—THE PEN IS TRULY MIGHTIER THAN THE SWORD!

Buckle Your Seatbelts!

An Interview With Gunther Russbacher

Editor's note: The following is a transcription of a telephone interview between Sam Russell of KTKK in Salt Lake City, for CONTACT, and Gunther Russbacher held on Sunday, August 22, 1993. Gunther Russbacher, as regular CONTACT readers are well aware, was speaking from prison in the State of Missouri. Sam conducted this interview during a meeting with Commander Hatonn and a group of about forty people.

Gunther: Good afternoon, Mr. Russell. How are you?

Sam: Good afternoon, Gunther. It's a pleasure to speak with you. I'm well, sir, and how are you?

Gunther: All things considered, quite well. The temperature here is today is about 92-93 degrees, humidity is a little bit high, therefore the heat index is more than just at a comfort level.

Sam: So they don't give you air condition-

ing in your facilities there, I gather?

Gunther: You gather correctly, to say the least.

Sam: Well, it's a pleasure to have a chance to speak with you. I've had the opportunity of speaking with your wife Rayelan a couple of times on the air and she's a lovely, gracious lady. We've had some terrific sessions with her, so I'm very pleased to have this opportunity. It was a very sudden and unexpected surprise and I'm very happy about that. How long do we have with you this afternoon?

Gunther: I would estimate we'll have approximately an hour. The possibility does exist, I may have to break for supper. But, I don't think so, I'll just pass.

Sam: We'll just go along until you give an indication that we must disconnect.

Gunther: Well, I think this should take priority over a meal. At least, that's my

feeling.

Sam: Yes. Well, you sound very good.

Gunther: As I said, all things considered, I'm doing remarkably well. I'm holding my own and I try to progress each day a little bit. I don't really want coronary bypass surgery while I'm incarcerated, so I'm doing everything possible to stave it off.

Sam: What is the status now of the parole hearing that we have been hearing about. There was an article in the CONTACT recently about the fact that there was a parole hearing coming up shortly that would possibly allow you to get out of jail in order to have the bypass surgery.

Gunther: The hearing was held. It was a reconsideration hearing, to make a determination whether or not there was probable cause to release me back into the community. I have yet to receive word from that. However, all indications, from the questions that were posed, I strongly sur-

mise that I will be released in the near or intermediate future.

Sam: It really is beginning to look that favorable, then?

Gunther: It looks good. It looks about as good as it can, considering I'm still in here; but I do believe that we've managed to break the barrier.

Sam: One of the earlier indications, well, after your first parole hearing there was the possibility, evidently, that you might be deported. Is that still a possibility in the event the second parole hearing goes through favorably?

Gunther: I don't think so, any longer. All indications are, from what I've been told, someone in Washington has "found" some documents indicating that I am, in fact and after all, an American citizen. Now, please know that my wife will be here this coming Wednesday and I am planning to turn these documents over to her at that time. So, from all that I have been told and information that I have been able to gather, I will be released into the community and I will determine where I will reside. In all likelihood, I intend to spend considerable time overseas, specifically, Austria.

Sam: Well, that's wonderful news that you'll be able to pretty much go where you would like to go, rather than simply being deported as they indicated originally.

Gunther: I would say that is far better than the original scenario.

Sam: Obviously, the reason that you are in jail is that they are trying to keep you from readily revealing some of the things that you know. Is that a safe assumption?

Gunther: I think that assumption is quite safe. However, I've broken the so-called solemn mandate by giving information to the public and I think that's part of the cause as far as harassment, maltreatment of my family and myself over the past several years.

Sam: Have the conditions for you improved in the jail? Have they taken you off the debilitating kitchen duty, and so forth?

Gunther: The conditions here have improved considerably over what they were prior to, let's say, a month ago. At least I'm not forced to bus tables and put my open-sore hands into detergents with bleach which, in fact, causes them to bleed, where the tissue separated from the nail area.

Sam: That is an incredible point. Could you describe, please, the circumstances

that lead to the condition of your hands.

Gunther: The problems originated in Laos in Viet-Tien. I was a POW for a period of time and one of the tactics that were employed by the Pophet-Lao or the Communists that were in charge of the country were to take the individuals hands and to rip the fingernails out and-or shove bamboo shoots underneath the fingernails up to the point where they would touch the first knuckle. This was done repeatedly, over a period of time, without a chance that the nails would possible have enough time to grow back. Over a period of time it destroys the nail in its entirety. It could be classified as a form of torture.

Sam: Yes, that is a circumstance that we all can't even conceive of happening. It's just an amazing, tragic situation to find yourself in. How did you get out of that jail circumstance in Viet Nam?

[Over the phone line: Beep, beep,...]

Gunther: What happened?

Sam: Can you hear me?

Gunther: Yes, I can hear you. What happened?

Sam: There was just a beeping sound...

Hatonn: This is Commander. We've got a lot of surveillance.

Sam: Commander Hatonn is indicating there is a good deal of surveillance taking place and that beeping was, evidently, some interference.

Gunther: Yes. All at once the line went dead.

Sam: So, you were in the Vietnamese jail and, how did you, how were you released from that circumstance since so few, actually did, achieve their freedom?

Gunther: Ok, Sam, let me clarify the position. I was not in a Vietnam jail, I was in a Laotian jail or a POW camp. And it was, as I indicated just a few moments ago, run by the Pophet-Lao. And, they did not release me. I managed to strike out on my own. That's basically the scenario. I attempted to find other Americans who were capable, health-wise, or emotionally capable to leave the compound area to go with me. However, there were none. I was the only one who left on that evening.

Sam: I see.

Gunther: There's one more point to it. When I left, I did manage to escape basical-

ly intact, although, as I said, my hands were not in the greatest of shape; plus, I had abdominal wounds that were open. I was fortunate. I was more fortunate than the rest of them, even though I had to take a life in order to get out.

Sam: How far did you have to go on foot, I gather, to finally arrive in a save haven?

Gunther: It was several hundred miles due to the fact that I was tramping through country that was basically unknown to me. I had seen it from the air but never from the ground. I managed to make my way from the Laotian border, by Cambodia, back into the Thailand area.

Sam: What was the mission that took you into that area in the first place?

Gunther: The mission was a subrunner from the Red Dog Project. That is to say, the Phoenix Project. Red Dog One was the denotion of my unit and it was basically put into force to find and extract American POWs and-or MIA personnel.

We had done several of these over a period of time and they were all fairly well successful to the point where we did extract several hundred Americans but, the last mission that I was on was compromised insofar as the United States was attempting to create a peace with the Vietnamese, Laotian, and Cambodian governments through the Kissinger initiatives in Paris. So, when we were fielded, obviously, there are some security aspects in place at that point that once the team is fielded there is no point of recall. All communication between the command structure and the team is severed and the team proceeds to its destination or insertion place and does the operation and extracts itself to the best of its ability.

During the time that we were in the field, the initiative was brought forth to the tables in Paris, and Kissinger, as a sign of good faith to the Laotian government, compromised our mission—let them know that we were on the way. So, therefore, it didn't take much of a brain-child to make a determination that when you see some Soviet personnel coming your way, they were, in fact, Americans dressed up in Soviet garb.

Sam: So, early on at least, the government did have the intention of extracting POWs.

Gunther: Early on the intention was far more than an intention. We actually did everything within our power to field specific teams to go in where we knew there were American POWs or suspected MIA locations and get the men back out. We fielded

several teams like that. Red Dog One was merely one of several teams that met untimely ends in the bush. But, we did have considerable results.

Sam: Why did the whole thing change, do you think? Why did the whole policy change for the POWs?

Gunther: It's difficult to say. I think that the United States became very tired of involvement in the Southeast Asian peninsula and it was time to back out of there as gracefully as possible. The terms for disengagement were not exactly favorable to the United States. And, considering the power structure and the so-called, quote, elite, unquote, in Washington, including the Kissinger Right, it was merely a question of time as to what can we give up to secure a fairly decent, stable form of release and they didn't give a damn whether they compromised missions or operations or how many people they left behind in the field.

Sam: Do you have any personal idea how many POWs were actually left behind?

Gunther: Ok, let me just basically clarify what my knowledge was in that area. I saw stat maps and stat columns as to Americans that were suspected to have gone down in Laos and Cambodia and various parts of North Vietnam. The totals that I seem to recall from those years were somewhere around 2,300 to 2,800, and they were growing. So, it was not merely a point that this was a fixed amount of Americans that were missing. Also, you have to bear in mind that there were other countries that had lost men, also, on various operations or co-operations with the United States of America. Typically, I'm referring to such countries as Canada, Australia and a couple of the others that were part of the larger picture operating in Vietnam.

One thing that I would like to clarify before we go on to a different subject is, the man that I reported to, personally reported to, during this timeframe, was my interfacer or liaison in Saigon at Thompson Air Force Base. This man was, and still is, Donald Gregg. His boss was Robert Gates. So, you can see what has transpired through the Reagan and Bush eras and these individuals who have basically managed to keep their mouths shut have risen to positions of power, while others are incarcerated for not honoring the directives or the mandates for silence.

Editor's note: I'm going to jump in here and remind the readers that Gunther is an exceptionally "aware" person BUT he is, after all, in jail and thus in a most compromised position as far as discussing issues pertaining to Southeast Asia...and

anything else.

For example, regular readers of Commander Hatonn's writings are well aware that our Government has been in the drug business for quite some time—as the much-publicized Iran-Contra affair only superficially began to touch upon—and that Southeast Asia is one major operational leg of that business, often referred to as the "Golden Triangle" branch of the business. Thus, a major reason for not allowing our POWs to return is because they would "spill the beans" on this sordid drug activity conducted by our own Government.

I mention all this only by way of example to suggest you consider Gunther's statements (or answers to Sam's questions) most carefully—and pay attention to what is not said as much as to what is actually being discussed. In other words, the process of steering clear of certain subjects may be speaking just as loudly for their importance as would an open discussion—particularly considering his current incarcerated status.

Sam: So, we come forward in time.

Gunther: I have a great deal of trouble hearing you.

Sam: I'm sorry. After you were able to...

Gunther: Again, you broke up on me. You were able to...

Sam: After you were able to get to safety after that situation...

Gunther: Again, you broke up...

Sam: Is this better?

Gunther: I hear two or three words and you break up...

Sam: Can you hear me now?

Gunther: Loud and clear, in fact, extremely loud...

[Group laughter...as we assume Command is "assisting" with clearing up the communications problems.]

Gunther: In fact, I now hear the people in the background. Shall we continue?

Sam: After you were able to get to safety after that torturous situation, what were some of the primary missions that you went on?

Gunther: Ok, a lot of the missions dealt with counter-insurgency and counter-terrorism and trying to ascertain which terrorist groups around the world met our criteria for funding. We worked hand-in-hand with a number of KGB-groups that

were out in the field, through the Paris and Bonn offices, to fund specific terrorist groups to undermine certain governments and create economic chaos in Europe—all for the benefit of the United States, over both the short-term and long-term run. That is deemed to include the Brigatti Rosso Group which is RAF, Red Army Faction, out of Italy, the Loto Continue which is an off-shoot of one of the old Communist groups, as well as the modern Mein Kampf group out of Frankfurt, Germany. These were, basically, the ones that I was involved with.

Sam: So it was a continuing series of episodes and I gather that these were basic CIA-type operations. Were these funded through Black Projects, primarily?

Gunther: They were funded entirely through Black Projects. There were no overt funds available to fund international terrorists. [...much laughter...] Whatever name-tag you want to attach to it, the obvious intent was to bring their own into the groups or to facilitate the insertion of special operatives into these groups and then turn them around so they would work for us. A lot of times the information or the data that was brought forth was shared equally by KGB, GRE and Agency personnel.

Sam: So there are just ongoing activities. Of course, the drug activity, we understand, is probably the prime financial resource for CIA activities...

Gunther: Weaponry...

Sam: Rayelan, when we spoke a few months ago, was saying...

Gunther: I lost you again...

Sam: Rayelan, when we talked on my show a few months ago, was saying that there were factions within the CIA which, well, one of them she indicated owns Denny's Restaurants, I think, is that right?

Gunther: I think they have a vested interest in it. I don't know whether they own it but they do have definite control in certain areas of the country.

Sam: And, another faction, she indicated, had a substantial portion of Pepsi-Cola?

Gunther: Well, again, that's true as far as the statement is concerned. However, please bear in mind that Pepsi-Cola International—and specifically referring to the international headquarters in Barcelona, Spain, where Peter Vantine was the Executive Vice President in charge of inter-European and intra-American affairs—

Pepsi-Cola International offered itself, as did IBM and a number of other major European concerns or Americo-European concerns, offered themselves to permit American operatives—or operatives that we choose to work with us—to get covers, to the point that personnel identification was established and housing and other work was accomplished through Pepsi-Cola channels. Rayelan did not overstate the issue. If anything, she understated it.

Sam: Well, what we were sort-of leading to there was the, this was just about the time that the episode of the hypodermic needles in the Pepsi cans came to light and, she was indicating a very strong likelihood that this was some of the interplay between the two factions, trying to get at each other.

Gunther: Well, I think that thought was held to by a number of people within the agency proper. However, since then I think we've determined that there were only one or two real incidents. The rest of them were contrived.

Sam: You, personally, I gather, were involved in setting-up a number of covert kinds of organizations, financial organizations, in the Missouri area?

Gunther: In the Missouri area, as well as Chicago, Denver, etc.

Sam: And these were CIA front activities?

Gunther: They were proprietary operations, owned and operated by the Agency through a "straw party", yes.

Sam: How many of these kinds of operations, do you suppose, there are, around the...

Gunther: Are we talking about minor ones or major ones?

Sam: Well, let's talk about the major ones then.

Gunther: The major ones, I would say, about 150 to 200 of them throughout the United States. We're talking about Agency operations, not Department of Justice, right?

Sam: Oh, so the Department of Justice is in addition to the Agency?

Gunther: Absolutely, we work hand-in-hand with DOJ, especially when it comes to setting-up law firms or going in with the U.S. District Courts or setting up corrupt trustees.

Sam: Well, just as an example about how some of this works, what were you person-

ally involved in then and how did this benefit the overall goals of...

Gunther: Are you talking about Agency operations, my particular forté?

Sam: Yes, your particular activities. I gather that there was an investment company of some kind that you were involved with?

Gunther: A number of them. Let me begin, if you like, at the beginning. First of all, we began with using considerable sums of Agency funds to buy the charter of an existing S&L in Red Hill, Pennsylvania called Hill Financial Savings & Loan. Ok? We did real well and, on the contrary to the usual conditions, we didn't know what to do with all the money we were making, so we were making overt loans at zero interest and we didn't give a hoot whether they were paid back or not [...*roar of laughter from the room...*] to the local citizenry in Pennsylvania, as well as West Virginia, and so on, the Appalachia coal areas.

We lost about \$55 million in the first year giving out these sham loans. However, the influx of additional CIA funds which came from various operations in drug and weaponry, brought another \$243 million to the table, so we really didn't know how to absorb it. We began with Hill Financial Services, Inc. which was a spin-off of Hill Savings & Loan. I was the Chairman of the Board of both of the organizations and Donald Lutz was the President and part-time CEO. We took turns. So, anyway, these funds were put back into the Federal Reserve or we took the funds and went to the Federal Reserve and said, "Would you care to do business with us? We'd like to have extensions of credit, so we can assist the community or...."

Sam: Gunther, can you hold right there please...

Gunther: [not hearing]...the Federal Reserve plan was times 3 1/2 to 5 1/2 to one. For every deposit dollar we showed, the Federal Reserve ran a line of credit equal to 3.5, and sometimes as much as five times the amount of our asset portfolio value. With these funds, we then began other companies throughout the United States.

One of the companies that I was directly involved in and began with was a brokerage organization by the name of National Brokerage Company. Very simple, small, sole proprietorship in the St. Louis area. In a timeframe of about four-and-a-half months, National Brokerage Company had grown by such astronomical proportions that it had to be incorporated and then spun-off with four different other

organizations.

So, National Brokerage Company became National Brokerage Companies, Inc., and then National Brokerage Companies International, which then became National Financial Services and National Realty, National Leasing, etc. We began to expand in the marketplace buying properties, manufacturing carriers, such as Southwest Latex, Inc.

And then we turned our attention to the airline industry. This is where we probably made our most significant impact. This is where we got in touch with the Denver-based groups that were interested in subverting funds that were intended for airport expansion projects, which then involved Tower 51, Tower 54 projects with the M.G. Metropolitan Development Corporation, which in turn, led us to Keating and Company, so it's...

Sam: Ah, so you had a little involvement with Keating?

Gunther: Financially. Some people stole more than others.

[*more Group laughter...*]

Sam: How would you rate Mr. Keating on that scale?

Gunther: I would rate him, initially, that he was about an 85% real thief, and 15% a victim. In the later years, he became about an 85% victim, and a 15% thief. His own people turned the tables on him. A lot of what he's been charged with, or adjudicated for, was not of his doing...it was the doing of his Board of Directors, which, Larry Masselle was one of the Board of Directors.

Sam: Well, I wanted to get into that just a little bit just to give an idea of the immensity of the activities of the CIA, as I have been able to try to discern those. And, obviously, the CIA activities, if you were able to do that with just your "little" projects, then the percentage of CIA activities to the gross national product must be pretty significant.

Gunther: I think that's a very fair statement. But let me add a point here, or a caveat if you prefer. What became of the small business in St. Louis, Missouri ended up as an international brokerage concern which owned and operated three major airlines in the United States, including portions of Evergreen which is still very viable in today's marketplace.

It was National Brokerage Company, in conjunction with mob-related families out

of Chicago, that built the entire Traverse City Convention area and arena and the entire housing project that lays behind it. Not only did National Brokerage Company, in conjunction with Michigan National Bank, fund projects that totaled into the millions of dollars, but they also began to explore the acquiring and purchasing of cargo and transport aircraft. This is how Southern Air Transport came into being, as well as Apollo Air, Apex Air and the other CIA operations. They all were initially purchased and chartered out of National Brokerage Company. So it became a very, very lucrative business. It was a money funnel without end.

Sam: Wow. If you had started doing that before you got into the CIA, you would have ended up being a real mogul, wouldn't you?

Gunther: I made a terrible mistake! But I believe that my job's excitement made up for part of the losses, when it came to money; and Lord only knows, I've had my share of excitement over the years.

Sam: Well, let's talk about one of the primary areas of excitement—that being the "October Surprise". Could you describe your particular portion of the scenario of the October Surprise.

Gunther: Where would you like me to start? Would you like me to start pre-October Surprise or that so-called fateful weekend, or...

Sam: Maybe a little bit of prelude to the weekend would be good.

Gunther: Alright. Prior to the actual October Surprise which took place on the October 19th weekend of 1980, a number of meetings were set. Most of these meetings were held in Europe; only one of them was held in New York City. I attended, along with a couple of my cohorts, meetings in Barcelona, Spain, meetings in Madrid, meetings in Geneva, Switzerland so, I was very well knowledgeable of some of the events that led up to that weekend. But the main reason that I would like to share with you, the reason that I was brought into—let's call it an operation to begin with—was the fact that I spoke fluent German and one of the individuals of the Iranian delegation spoke only Iranian or Persian or French or German; no English. Consequently, I was involved as a translator.

Sam: We lost the microphone, we're balancing here. Anyway, you were involved in that because you were fluent in languages, in German in particular?

Gunther: Particularly in German, but I also have a fairly good working knowledge of French and a number of other languages. But I was in the right place at the right time and I had already grown to know Peter Vantine quite well. At that time I was part of the time in Vienna, Austria running an advertising company, Twentieth Century Advertising, for the Agency.

Sam: So that put you into the right place at the right time, as you said.

Gunther: But again, bear in mind, I lived in St. Louis, Missouri at the time, or a suburb of St. Louis, so when the actual October trip took place, I was summoned to Washington, D.C. via telephone—told basically to pack one bag and get on the next available commercial aircraft and get to Washington. And from there, the entire October Surprise is now history—or psuedo-history, since Bush and gang do not want to admit to such.

Sam: Yeah. So you ended up being a pilot. I've heard reports that you were the pilot on the trip over to France, and also on the way back. What is the correct version of this now?

Gunther: The correct version of the entire thing, and I'll repeat to the point of redundancy, I regretfully acknowledge the fact that I was the Command Pilot of the BAC1-11 going over to Paris and, much more regretfully, acknowledge that I was the pilot of the YF12A coming back to the United States with Mr. George Bush as a passenger.

Sam: So you were the Command Pilot going over and who else was, who were the passengers on that flight?

Gunther: I think there's a pretty extensive passenger list already out—who was onboard that aircraft going over and, on a number of occasions, have given out the list. So, I think EJ would probably be able to supply you with a copy of the list, or Rayelan can. But for me, time wise, please don't have me go through the whole thing. There were a lot of people on board.

Sam: Alright. Suffice it to say that Bush and Casey were there, among many others, I guess?

Gunther: Right. And one that was onboard that aircraft, one particular individual that I would like to see, basically brought to justice, is this idiot Rostenkowski out of Illinois.

Sam: Oh, he was on that flight?

Gunther: Absolutely, and if you look at my

depositions with Rodney Stich, you'll find that I gave extensive coverage to this individual more than two and a half years ago.

Sam: Ah, well Rostenkowski may be in a position of having his comeuppance here, pretty quick, if these hearings of the House get going.

Gunther: Don't count on it, ok? I've seen much more stable and favorable information and data get swept under the rug.

Sam: The trip back in the SR-71 is something that has been a little bit controversial. I was talking about this on the air and somebody called up and said it is impossible, the SR-71 requires a copilot in the back in order to fly the thing.

Gunther: It doesn't require one. I don't know where people get that assumption. The SR-71 is perfectly capable of sustaining flight with one individual on board. There have been a lot of strange statements that have come out of the press. I'm talking about, specifically, the mainstream media, as well as some of the other media, regarding that flight back.

It would appear that the individuals who made these ridiculous—or, let's say, ludicrous—comments don't know a damn thing about the operation of a flying platform. First of all, it was Rush Limbaugh, my "favorite" individual, I might add, who stated unequivocally that the YF12A is a 3-seater. Please know, there were no 3-seat YF12As or SR-71 models, ever, throughout the entire history of the 71 Program. There were 1- and 2-seaters.

There are some people who take great objection to the fact that the 71 had a 2-seater version. No, most of them were 2-seaters. Only the initial ones, that were brought off the line at the skunkworks, were 1-seater models. And, also, it needs to be stressed and stated beyond any point of debate that the YF12A or SR-71 is perfectly capable of operating at lower-level flight. In other words, it does not have to be into the reaches of the ionosphere in order to be able to make the airplane fly. So, if an aircraft 71 with a passenger, let's say a non-qualified, non-flying passenger, returns to the United States at a lower altimeter reading than the going rate would be, at basically the same speed, it does not affect the physical well-being of the passenger or the pilot. That comes to be when you reach the outer reaches of the ionosphere, on the fringes of space.

Sam: Gunther, where does the name Richard Brenneke fit into this scenario.

Gunther: Again, I use the word "regretful-

ly". He's one of my cousins. By that, I'm talking about a true family member. Richard and I go back many, many years, all the way to Winnemucca, Nevada.

Well, Richard and I have had our falling-outs in the past. We've operated on joint operations in the Central American countries, and Thailand. We did some joint work in the Mena, Arkansas area. We did a lot of joint work in Europe, as far as arranging for transport of certain weapons systems to Iran, and also, to areas such as Libya, along with other individuals who are presently incarcerated. Richard and I have not always seen eye-to-eye. Richard has usurped certain powers of a trust that we are both members of. He usurped signatory power, which he shouldn't have done, buying and selling helicopters as if the damn things were candy—to which I took exception. But other than that, he is a cousin. Therefore, blood is thicker than water. I will stand by him until death.

Sam: Was Richard Brenneke also on that flight?

Gunther: Yes, Richard was the copilot on that aircraft, the BAC1-11 on the way over.

Sam: So, he was going over there. Of course, George Bush roundly denies that he was in Paris on that weekend. But, of course, technically he was correct [*in that it was a Paris suburb*].

Gunther: Richard's told a number of different stories with regard to that weekend. And I think a lot of them had to do, a lot of the stories had to do with the fact that both he and Ann received some quite severe threats from Uncle Sam, that should he testify they will be in serious trouble. Now, on top of that, Richard had certain indiscretions with a certain lady of the East Coast, who, in turn, took a lot of the documents that Richard had and bastardized them and turned them around against Richard.

Sam: So George Bush roundly denies being in Paris, but he was technically correct because this whole meeting was in...

Gunther: Bush denies not being in the U.S. over that 24-hour period. Keep in mind, that's exactly what we're talking about, a period of time less than 24 hours.

Sam: Now, technically, he was correct in saying he wasn't in Paris because the meeting took place in a suburb of Paris. On that flight back, there was an in-cockpit...

Gunther: Say what?

Sam: On the flight back from Paris in the

SR-71...

Gunther: Back up please, I lost you there for a bit and I don't want to take your question out of context.

Sam: Ok. On the flight back, on the return flight with George Bush in the backseat, there was a videotape made of the passenger and, I understand, of yourself also. Is that correct?

Gunther: That is correct, yes.

Sam: And that videotape, well, about a year ago, before the election, was...

Gunther: I've lost you again...

Sam: Ok, that videotape was said to have been taken to the, I guess, the Pentagon, and this tape was very explosive and this was prior to the election back, a year or so ago. And it resulted in George Bush's having the "football" taken away from him back then.

Gunther: That is correct. Bear in mind also that the tape was made available to Congressmen Lee Hamilton and Larry Barcella, both of whom went to the Agency headquarters at Langley and viewed the tape. There is a taped conversation between Congressman Hamilton and Larry Barcella, myself and my wife. Barcella and Hamilton were not aware that they were being taped and recorded and they stated unequivocally that they had seen the tape.

Sam: Where do you think that tape is now?

Gunther: I don't know if I should even say because the last time that I made sure or made sure of the delivery of a copy of the tape, the individual lost his life thanks to it. And I'm referring, specifically, to Paul David Wilcher, my prior attorney.

Sam: And that was a fairly recent occurrence, within the last few months.

Gunther: About a month and a half. **Paul Wilcher did, in fact, receive a copy of the tape and within 24 hours he was dead.**

Sam: When the "football" was taken away from George Bush—and for those who may not know, the "football" is the little briefcase that contains all the nuclear device detonation codes and related access keys—where did that "football" go after George Bush lost it?

Gunther: The "football" went back to the Pentagon, where Colin Powell then made sure that a member of the Armed Services Committee, a civilian member of the Armed Services Committee, as well as a member

of the Pentagon staff, high level brass, took the "football" into possession. That was also the time when the authority of the nuclear devices of the United States were being arranged under one central command.

Sam: What command is that now?

Gunther: Please know that prior to these times, nuclear devices were found in the hands of the United States Air Force, the Navy, the Marines, various other foreign operations of the United States Army—they each had their own tactical weapons. Now, all nukes, I'm referring to everything from short-range units to long-range intercontinental ballistic missiles, have been brought under one central registry.

Sam: Do you have...

Gunther: I seem to have lost you...

Sam: Hello...Gunther...do you hear me? Do you hear me?

Gunther: I've lost you again, I didn't hear the last 45 seconds of transmission...

Sam: My goodness, can you hear me now? Ok, do you have any idea whether Bill Clinton might have the "football" at this particular time?

Gunther: Negative; Bill Clinton does not. Bill Clinton has not been entrusted with any nuclear codes of this government.

Sam: Wow. Where does that reside now, do you think?

Gunther: It's still part of the Pentagon structure.

Sam: Is the Pentagon taking on a life of its own as a super-secret agency then?

Gunther: Absolutely. The Pentagon has developed a life of its own. There are two new agencies, or let's say, inter-agencies, within the Pentagon structure, who are now responsible for the safety of the United States in the event the United States needs to use nuclear weapons as a deterrent against foreign force. It has nothing to do with Executive Branch of government any longer.

Sam: That is quite a revelation, right there.

Gunther: Well, regretfully, it's fact and has been for some time now.

Sam: Well, it is said that there is a shadow government that is really running the show and that Bill Clinton is basically a puppet on a string. Do you have any information

on that? Any insight into that?

Gunther: I concur wholeheartedly, as far as that statement goes. Again, I feel that the statement doesn't go far enough as, I don't believe that any President in the last 12 years has had any really significant power.

What is important is the power behind the throne. Although it vacillates back and forth who actually gives or issues power to the President who is sitting in the White House. Ronald Reagan had very little to say in his own administration. I think everybody pretty well knows that it was George Bush who was running the show from behind the throne. And even George Bush, upon his entry or ascendancy into the Presidency of the United States, had lost virtually all his power and became a vassal of the individuals who controlled him.

Sam: In this last issue of the *CONTACT* there was a write up regarding Henry Kissinger. Is that a name we should attach to some of this we are talking about right now?

Gunther: **I think Henry Kissinger played a far more significant role in the United States policy and politics than any other individual in the last 30 years. And, Mr. Kissinger, from behind the stage, still pulls many, many strings in the play.**

Sam: **It is said that he was a Soviet spy right from the beginning.**

Gunther: **I can't really hear what you said, but I'm assuming you said he was a Soviet mole or a Soviet agent or a KGB operative. The answer, indubitably, yes. Mr. Kissinger is part of the same group that has run the Soviet Union and the United States during the entirety of the Cold War period. Are you there?**

Sam: Yes.

Gunther: At no time—and I have to specifically reiterate that—did the United States or the President of the United States or the Secretary General of the Soviet Union, run anything. It was the people behind the throne who were running both countries. And, regrettably again, **the people behind the thrones of the old Soviet empire and the United States of America are one and the same.** This may sound like a lot of fiction, but....

Sam: How about Bill Clinton with regard to, let's mention KGB or CIA. Does Bill Clinton really fall into one of those particular factions himself?

Gunther: I don't think he falls into a faction such as CIA or KGB. I think what he falls into is the category of radical Socialist and, as radical Socialist, he has adhered to some of the doctrines that have been espoused over the last sixty-seventy years...bordering Communism, running radical Socialism back and forth. If you look closely at some of his policy endeavors, you'll see the old iron imprint of the Bear. I could be wrong, but that's my opinion for whatever it's worth.

Sam: Well, Gunther, what is there that you feel should gain wider notoriety? What subject have I failed to ask you that you would like to make known to the folks that would be of importance for us?

Gunther: Ok, what really needs to be stressed is that although I am an incarcerated individual in this country, this is not a large feat. It can happen to anyone. It can happen to any of the listeners, or any of the readers of *CONTACT*, or any member of your family in a heart-beat, a split second. You have no assurances any more that your life and liberty interests are protected by the Government that you have put in place.

The entire Department of Justice, the Agency system, the Pentagon structure, including the Defense Intelligence Agency are hell-bent for leather for usurping the last vestiges and the final rights under the *Constitution*. The document is basically dead and buried; there's nothing left. The entire first four Amendments of the *Bill of Rights*, or the first four entries, the *Articles of the Bill of Rights*, have been suspended and, you can't even travel in this country any longer without being subject to search and seizure at somebody's demand or beck-and-call.

I'm very much afraid that if the people of this country do not act soon, they're going to have hell to pay for it in the next 200 years because the country is slipping away from them far, far faster than it was fought for back in the Colonial days of the Revolutionary War. It's almost too late now.

Please understand, I am not propagating or pushing an idea for armed conflict or conflagration with the United States Army authority or with any other branch of Government. I am for voicing your opinion. **I believe now, more than ever before in my life, that the pen is definitely mightier than the sword.** But something must be done. People must stand together, meld together as one cohesive unit and speak up, and demand that their rights, pursuant to the *Constitution*, are guarded. They can not afford to give anything else away.

Sam: Do you feel there is still time for this?

Gunther: I don't know whether there is or isn't, and regrettably I'm not a soothsayer. All I can tell you is that the clock is at twenty-four-hundred hours and we're ticking away the last and final second. Although we've set the nuclear clock back, the clock for the loss of American rights and liberties has advanced. We're at the zero hour, all over again.

Sam: Well, that is something that we have been aware of and hearing it come from a person such as yourself is rather sobering, just in and of itself. What are the factions at work in this country right now? It is said that the Bolsheviks in this country are really running the show. Do you have information about that, how these various factions are laid out and playing against each other at this point?

Gunther: We're backfeeding, a lot of static, but I'll attempt to answer your question. I have heard you state that you think, or people think that the Bolsheviks are really running the show. I don't believe that. I believe that the very same people that are running the Democrats, the Republicans, and the blooming Bolsheviks and the present day new, free Russians, are the same ones that have been running the entire world economy for the last 75 years. Nothing has changed. That's the problem that we're looking at.

We've got such beautiful titles like CFR, the **Council on Foreign Relations**, the **Trilateral Commission**, the **Committee of 300**, and God-knows-what other acronyms in place to describe this group of people who are basically in control of the world economy.

Folks, don't be fooled. It is not a great, huge conglomerate that is running anything. **It is a small handful of men, from different areas of the world, who have banded together to economically subjugate entire sections of the globe, the areas that are strong that have vast natural resources or other economic power that can be played with. And these are the same ones who get the warring and the funding for various wars in Europe from the time of the Middle Ages and back to the Crusades to present time.**

Nothing has changed. Also, Rothschild has proliferated to the point that he is no longer just the House of Rothschild. I'm not saying it's the Jews, the Blacks, the Caucasians or anybody. **I'm saying it's a group of people who have banded together for one express purpose: and that is to rule the world. And they are doing a darn good job of it.**

Sam: Ok, Gunther, we have probably one minute or so to go. Upon your parole, which we hope and pray will be very soon, do you think coming along with that will be mandate to kind of tie your tongue so you can't speak out on these issues or do you think you'll be able to make us aware of what's going on?

Gunther: I doubt very seriously if I will have very many more interviews left in me. According to the negotiations that are going on right now, the primary directive is for me to keep my trap shut. And if I choose to open it, I would have to consider suffering the consequences. As you and I both know, the consequences could mean additional incarceration, death or the death of a family member. I'm not really prepared to put my family on the line any further. But then again, on the reverse side of this token, I'm not prepared to shut up because too much has been permitted to go unsaid already.

Sam: We're just about to the end. Can we ask you another question?

Gunther: Certainly.

Sam: How about the Waco situation...

Gunther: ...the programmed "sleepers" were brought to life. However, they did not adhere to the programming and were, therefore, subject to modification or having to be terminated. And I see that they chose the latter.

Sam: Because these "sleepers" were, I guess they were not responding to the programming any more, that they were becoming a threat, they had to do away with them then?

Gunther: That's basically my opinion. However, I don't think that it was a question that they weren't responding any more; I don't think they responded properly to begin with. When they brought the "sleepers" back to life, or brought the "sleepers" to life and attempted to bring the prior programming into play, they found that the "sleepers" did not respond. And that is speaking for all 7 of them.

Sam: Now, by " sleeper", would you define that for those who may not be aware of that term?

Gunther: Usually the term would imply that an individual has been subjected to modification of thought process, and that he has an overprint over certain old memories which preclude or prohibit going back and remembering certain specifics that happened in their life. That area that has been taken out has been replaced by a

program, and then covered over, so that the programming could be left in place for a period of anywhere from one to twenty or twenty-five years, and then can be triggered by certain things such as high frequency or letter or voice contact or visual contact. That would bring the " sleeper" into active mode. **Regretfully again—and I use that word frequently—regretfully there are many more like that around the country today.**

Editor's note: I have to interrupt here to call your attention to the exceptional series from the Napa Sentinel on MIND CONTROL we are finishing up this week, starting on page 2. These loaded couple of paragraphs above from Gunther are full of allusion to the practical application of mind control techniques as were reported in that Napa Sentinel material, particularly the more technical shenanigans in installment # 11 of the series. It is indeed

scary to think how many "time bombs" are running around this country, and the world, just waiting for their cue to "explode" in some pre-programmed act of sick behavior or other calculated disruption.

Sam: As we take leave of you now, do you have any final words for us that you'd like to add right here?

Gunther: Meld together, stand tall, protect what you hold near and dear. That's my parting advice.

Sam: Gunther Russbacher, thank you very much. We appreciate this opportunity to speak with you. Our prayers are with you in terms of your parole and, hopefully, very soon-to-be release from captivity. We wish you God's speed and thank you!

Gunther: Thank you for having me and take care, all of you out there!

Gunther's **GOOD** News

Late on 8/30/93 CONTACT received word through an inside source reporting from Gunther's attorney, Rob Fleming. Mr. Fleming advises our insider that a court order was signed on August 26 by Judge Brown of Charles County, Missouri. The court order sets aside previous criminal rulings against Gunther and leaves the door open for a *Motion to Dismiss*.

The legally-wordy and lengthy court order states that there were problems in the criminal case which were not proper that should have been addressed by the court.

Thus, Gunther's guilty plea could have been avoided had counsel advised him that the statute of limitations had run out, opening the door for a natural defense and possible dismissal.

The court has ruled, therefore, on Gunther's behalf by setting aside his sentences as though his guilty plea had never been entered. The bottom line of this ruling is that Gunther is being remanded back to the trial court in these criminal matters.

Under the rules of Civil Procedure, the opposition, of course, has the right of appeal. Whether or not the court rules to dismiss the charges against Gunther Russbacher remains to be seen.

This recent court ruling, however, is a major first step in the direction toward freedom.

* * *

POSTSCRIPT: Literally at the final hour before going to press with this issue of CONTACT, we have received another confirming report.

This second reliable source reports a just-completed conversation with Gunther which reveals Gunther is anticipating RELEASE WITHIN A WEEK and will--in all likelihood--travel to Europe.

He will, of course, be returning to the United States to see his legal case to conclusion. It is heartwarming to be given signs of hope in this long and painful story.

14-Day Emergency Kit

(Continued from page 25)

selected items. This kit would then be always carried in the car or wherever the owner goes away from home, including work and other daily pursuits. It makes sense.

There are two main ideas on emergency kits. The first is that if an emergency threatens your home you need to, most importantly, escape with your hide. The second is that if you leave home in a hurry, you still need to be able to function. Most reasons for leaving home in a hurry seem to indicate a

threat to the home. Hence, the kit should be transportable by car but may need to be quickly rearranged to less bulky proportions.

J. Allan South is the author of The Sense of Survival, from which this article is an excerpt; it is undoubtedly one of the most useful books on emergency survival and preparedness ever published. For further information or to order your copy send \$12.95 plus \$2.00 shipping and handling to: Timpanogos Publishing, P.O. Box 776, Orem UT 84059 ♦

Nevada Corporations

CORPORATE STOCK

A corporation is owned by its shareholders who make a contribution to the corporation in the form of cash, notes, tangible-intangible property and anything else of value, in a free exchange for shares of ownership (also called "stock shares"), in proportion to the accepted value of the property they contributed. Multiple owners usually agree on the value of any non-cash contributions, but single owners merely put in what they need to operate and are issued 100 percent of the issued shares in return.

As the value of a corporation rises, so too does the value of each share of the corporation's stock. Any additional assets placed into a corporation by its owners will increase the value of the shares in the corporation. The value of a corporation's shares are determined by calculating the difference between a corporation's assets and liabilities plus the value of the good will of the corporation, divided by the number of **issued** shares of the corporation stock.

Every corporation is authorized to issue a certain number of shares of stock. This authorized number of shares is set in the Articles of Incorporation. Of those **authorized** shares, the corporation's Directors decide how many shares they will **actually issue** out. A corporation could have 2500 shares **authorized** and only have **issued** out one share of stock. That one share of stock would then make up the entire ownership of the corporation. **A corporation's ownership is only based on those shares of the corporation's stock that have been issued.**

There are a few classifications of stock that you should be aware of. *Common Stock* is the most common form of stock. Common Stock represents the ownership of a corporation and is broken down into voting and non-voting shares. Voting shareholders get to vote on matters that effect the corporation, and the holders of these shares have the control of the corporation. Non-voting shareholders have no voting rights or no say in the matters of the corporation.

Another class of stock is *Preferred Stock*. This class of stock, like non-voting Common Stock, does not get a say or a vote in the matters of the corporation but is guaranteed a percentage of the profits of the corporation to be paid to the holder in the form of a dividend.

When one or two people have set up a corporation for their own use, the question often rises as to when they should issue themselves stock. None of us know exactly

what the future holds for us in the way of lawsuits, IRS investigations, or a debilitating illness that can seriously jeopardize the assets that we control. We believe that in most cases there are advantages to not issuing the stock of a corporation until you are confronted with a situation that may require proof of ownership.

Today's aggressive world, threatening asset protection and privacy, forces each of us to become sharp and creative. Be very careful of what other people may tell you with respect to managing the affairs of your own corporations and be aware that, in general, you will not get accurate information from your family accountant or attorney.

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Lessons Experienced Are For *KNOWING*

8/29/93 #1 ESU "JESUS" SANANDA

Thank you for waiting, Thomas. Sananda present in Radiance and in Service unto God of Light, Aton, and unto The Creation.

Be not disillusioned as ye wait upon the Lord—for God works His miracles in *His* good time. Time is but an illusion of that dimensional plane of expression. Each event occurs in its proper sequence—has it not been said and often so?

Be of good faith in thine hour of service. Ye are held closely in the heart and mind of God, for ye are but an expression of His magnificence. Think not that ye are unworthy to serve, for each experience of each individual has served to provide the necessary **lessons**—so that, **at this time**, the example may be one which comes from **KNOWING**.

This is not to say that those of you who have wallowed in the lowest trenches of experience could have not learned those

lessons in a different manner. However, each to his own, for God allows the expression to unfold for each so that, once the lessons are learned, there is no turning back to UNKNOWING.

Remember well thine lessons, for they serve as thine foundation upon which ye must stand UNWAVERING. **Stand upon the rock which I AM and ye shall know the Glory of the Presence of the Lord.** Ye are entering Radiance, beloved, which means **LIGHT**. Turn not aside from The Light which ye seek.

Ye plead for guidance and direction and help and it is being freely offered unto thee. Take the help which is given and learn. **THE WORD IS.** Seek ye first the Kingdom of Heaven and it is yours. Knock and it shall be opened before thee. Pass through the entranceway in righteous Service unto God and ye shall know no fear, no sorrow, for God is sufficient to all thine needs!

Tend that which needs tending and prepare thine household. God shall not

walk the journey for thee and the warnings have come forth **so that preparations may be tended!** Those beloved servants of God must be prepared, for the time is at hand when the difficulties which confront man shall be TREMENDOUS and a remnant must be allowed to make it through the **time of sorrow** intact—that the new sphere of experience may find its expression.

Harden not your hearts, but trust in God, and ye shall be given the instruction ye need to take the next step, and the next, and the next. Be of good cheer, for the servants of God shall KNOW ME. We shall walk together in Service to God of LIGHT.

I AM. Has it not been said that I Am the Wayshower? Why turn ye aside from that which ye seek. Tarry not longer in the places of darkness, but walk forth into the places of LIGHT where I and The Father and The Hosts dwell. We await thine decisions and thine service. Infinity awaits thine soul decisions. Won't ye choose LIFE in Service unto God? What other choice could there possibly be?

Has it not been said that to gain life everlasting ye must **give** thine life? This is no riddle and, beloved, it speaks not of **taking** thine life—it speaks of SERVICE. **In whose SERVICE are you this day?**

If ye worry and petition only for Self, ye have a long way to go, for it is in the praying for thine brother that the blessings will be visited back to thee! Who do YOU pray for?

Be about the business of preparations. Tend well thine water source, for the impact of contamination shall increase.

Hold firmly to mine hand and I shall lead thee through.

I AM Sananda
Returned with The Hosts
In Service unto Aton

Who do ye serve?
Salu

You cannot do a kindness too soon because you never know how soon it will be too late.

-- Ralph Waldo Emerson

Work for the Lord. The pay isn't much but His retirement plan is out of this world.

-- Anonymous

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Iraqi POWs Relocated To U.S.

Editor's note: We received the following telephone message recently and Commander Hatonn said, "Make sure this gets in this paper!" So, for those of you who did not catch this on your local news, we present this gem of warped logic.

On 8/25/93, caller L.C. from Houston replayed tape of a newscast on TV the previous evening concerning Iraqi POWs relocated to U.S. The following is a transcription of that broadcast.

When the mother of all battles turned into a crushing, runaway, lopsided roust, Iraqi soldiers abandoned their positions and surrendered by the thousands, throwing themselves on their knees, crying and kissing the hands of American captors who tried to control them.

In fact, plenty of these Iraqi s may soon be more alright than that sympathetic soldier ever thought...the U.S. State Department is quietly relocating thousands of Iraqi prisoners of war into the U.S. granting them special refugee status and doling out benefits that will cost tax payers a bundle.

4,000 Iraqi soldiers and their families will get new homes in one of five states...including Texas. They've relocated almost 1,000 prisoners of war from Iraq into Michigan, California, Tennessee, Texas and Illinois and at this point in our history, so close to the Gulf War, this is wrong.

Congressman Cliff Stearns is among those leading the fight against bringing POWs to the U.S. It is estimated by the State Department that it's going to cost the American taxpayers \$4,000-\$7,000 each to relocate them. Once they hit American soil, the Iraqi s are eligible for welfare, medic-aide and health care, job training, job placement, cash assistance and more. Total estimated cost to you...\$70 million dollars. This at a time when the government is cutting benefits to U.S. military personnel and veterans. Here in Texas today, at the Dallas convention center, veterans of foreign wars are holding their national convention. They are not pleased. "I think we should take care of our own first. We should spend more of our money for the poor people, the inner cities...I really think that America should look at Americans first. I don't think we can afford it.

Neither do dozens of congressmen, democrats and republicans who signed this letter of protest to the President.

Placing the interests of ex-Iraqi soldiers and their dependents ahead of 8.9 million out of work American citizens who have trouble with the basic necessities of life raises significant public policy concerns.

Among those signing the letter are local congressman Tom DeLay and Gene Green. Most of the Iraqi prisoners now live in camps in Saudi Arabia. Arab countries, fleeing terrorism, don't want them. With the world trade center bombing fresh in mind, critics say we should be concerned too. "I'm sure that a lot of the countries in the Mid-East would prefer the United States to take care of them rather than themselves. They're concerned about homemade terrorism, they're concerned about their national security, just as we should be.

The State Department claims Iraqi soldiers are legitimate refugees because if they return to Iraq, Saddam Hussein might take reprisals against them for surrendering.

A Sense of Survival: Making a 14-Day Emergency Kit

By J. Allan South

Much talk is heard of survival these days: economic survival, emotional survival, physical survival. Many are predicting gruesome occurrences for humanity and are making their preparations for nuclear holocaust, complete economic collapse, or giant earthquakes and the chaos and disorder they would cause. There is talk of hibernation, storage, sharing, and militant repulsion of outsiders.

The unprepared need to be convinced that problems will certainly come and that prudent, sensible living dictates a reasonable preparation for possible need. It doesn't have to be nuclear war (although it certainly enters our minds as a possibility); it could be a strike, loss of work, tornado, earthquake, tidal wave, civil disorder, winter storm, fire, or some other disaster. It doesn't have to engulf the country or the world; it may only affect a region, state, or county.

Disaster-vidic can also bring on disaster-insidious. Earthquakes have historically often killed more by famine and disease than by the actual earth movement. An oft-cited example is the eruption of Mt. Tambora, Indonesia, in 1815. The eruption was a killer at the outset; but the many thousands of tons of pulverized rock and dust thrown into the atmosphere altered climates causing summer frosts and ruined crops. The ensuing famine and disease (caused in great measure by underfed rodents carrying it into dwellings) were also killers. Large-scale nuclear war could produce a similar effect. Everyone can't be standing in an open field during an earthquake, but just about everyone should be able to safeguard against famine and disease—at least everyone in the "land of plenty."

Everyone may not need emergency advice; but there always have been disasters, and until the earth somehow inclines to a more ordered state there undoubtedly will continue to be. Prophets, politicians, scientists, and coffee-break rhetoricians all predict difficulties. We hear about earthquakes, famine, pestilence, wars, etc. (see your local newspaper).

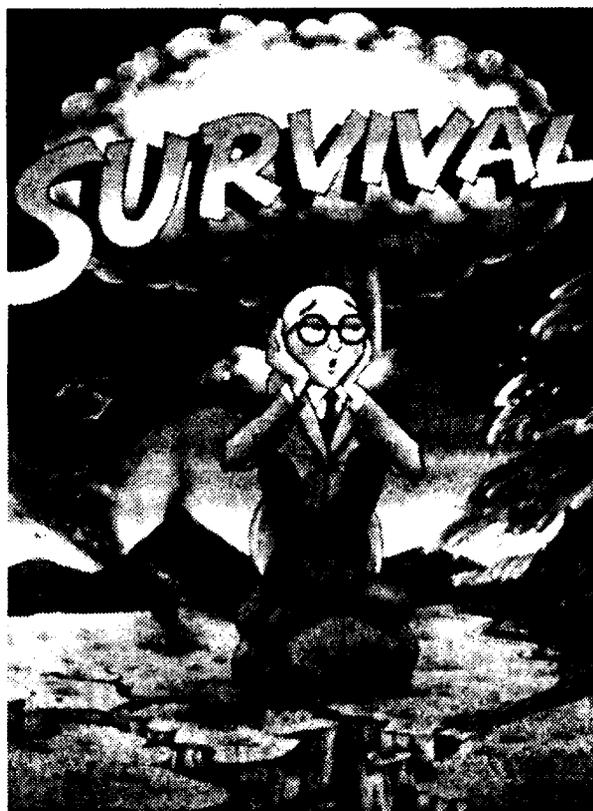
When these cataclysmic descriptions do not involve one's own immediate situation, they seem far away. When they do, they are all too real.

Let us proceed, then, with the basic assumption that times will change, at least for some, and certain basic skills could be useful—if not in fact necessary—for comfort or perhaps even survival and when a crisis occurs, the time for preparation will be past.

To create a more visible scenario, and to place those needs before us to have some basic knowledge and/or materials at our disposal, let's use an hypothetical earthquake. This indulgence should sufficiently explain that needs do exist...

•••You are Dad.

One fine day, after hitting the snooze alarm twice and finally managing to pull the mattress off your back, you make it out of bed. It is winter. It's pitch black outside and you are still sitting on the edge of the bed when you hear what sounds like a train thundering through your living room. The house starts shaking, then pounding. Your dresser tips over and your bed slides back and forth across the room. The sound of glass breaking shears through your senses as your bedroom curtains catch flying pieces of window and allow them to



fall on the floor. The thundering and bucking continue and you wonder if the giant made it down from the beanstalk and picked your house up and dropped it—or threw it—down. Suddenly you are hit on the back of the head with something very heavy and you slide off the bed onto the floor. You are aware of a suffocating weight on top of you. It itches. The 10 inches of insulation you had installed in your attic are now on your floor, along with what's left of your bedroom ceiling.

(We could stop here, but this is where the real fun begins.)

You are mostly conscious (well, maybe partly) and you hear the kids crying, screaming! You hear your wife reviling you for interrupting her sleep with this horrible trick. You hear water running and smell smoke. You get up and push aside large chunks of plasterboard. You start toward the children's rooms and step on a plasterboard nail. Where, oh, where are your shoes? (And when was your last tetanus inoculation?) The shoes are in the living room, covered with

insulation. There are some others in the closet. You manage to get them on and stumble through the debris to the baby's room. You pick her up. You gather her two brothers and bring them to your bedroom. Luckily, there are no serious injuries. You have found a flashlight. The batteries are weak, but at least it's light. It is cold. The children are still hysterical. Your wife is finally convinced that this isn't a joke.

When you go downstairs, you are appalled to discover that your basement has three inches of water in it from a broken water pipe. Luckily, the water main ruptured elsewhere or it would be up to your knees by now. It is also fortunate that the main gas line ruptured because the natural gas line is broken in your house and would probably have blown the family into next week, since broken electrical wires are still arcing in the wall. (That's where that smoke is coming from.)

Suddenly, the wires stop arcing. This is a good thing, because you don't remember where to turn off the power to the house.

It's very cold.

Your wife has the children calmed by now. The two boys have to go to the bathroom and the baby needs changing. The boys go into the bathroom. Miraculously the toilet is still in one piece. They flush the toilet, you hear a splash in the basement. The sewer pipe is broken. Well, at least it won't happen again because the toilet tank isn't filling: no water.

It's still cold. You nail a piece of plasterboard over the window in the living room after throwing some of the insulation out the window. You light a fire in the fireplace. The chimney is mostly collapsed, so the smoke goes into the open attic. You wonder how long the wood from that old cherry tree you cut up will keep you warm. It's getting light. The children are hungry. You itch from handling insulation. Your wife is staring into space and saying odd things. It is urgent that you use the bathroom, but it is cold outside. Smoke from the fire is beginning to fill the room. An aftershock knocks the plasterboard off the window and lets out some of the smoke and most of the heat.

A neighbor comes to enlist your station wagon and you to help take his wife to the hospital. She has a broken arm and an open wound and needs medical attention. You tell your wife to call your boss and tell him you won't be at work today. After consultation, you agree with her that it probably won't be necessary. You grab a piece of bread and your coat and leave, over your wife's objections. After all, she could have some tuna fish sandwiches ready for breakfast in no time.

You still have to go!

You take the neighbor and his wounded wife up the street toward the hospital. There are cracks in the road. You can only get to within about three-quarters of a mile of the hospital because the road is so damaged.

You walk and carry the hurt woman to the hospital.

You are freezing.

There is a two-block line at the hospital.

You find a secluded spot and go.

You finally get in to see a doctor and are cared for

and get the neighbors back home. It is late afternoon.

Your wife has cleaned the place up a bit. She has supper ready; it's tuna fish sandwiches. The kids are itchy. They need baths. There is no water. They have to go. You chisel a hole in the backyard and make a lean-to from pieces of fence to afford privacy for a latrine.

Another neighbor comes over. He wants to bring his family over to huddle by your fire. He doesn't have a fireplace. He will furnish the remnants of his garage for firewood.

You listen to civil defense instructions on the portable radio until the batteries die. You appropriate the batteries from your son's electric baseball game. You find out that the quake has devastated a wide area.

Your blanket supply seems inadequate, but you settle down for the night.

You make it through the night.

Your wife doesn't think she can fix breakfast because you are almost out of bread and tuna fish. But there is some peanut butter.

Continued from above

You are thirsty. All the contents of the refrigerator were spilled and/or broken. You melt snow on the fire after jury-rigging a grill. Your wife complains about the handles melting off her stainless-steel cookware.

Mice keep getting into the bread.

Mice keep getting into your blankets.

##!! the mice.

The kids are driving you nuts.

You are out of food. You tried to get some at the supermarket but there wasn't much left and they would only take cash for payment and you didn't have much cash. On the radio you hear that it will be at least three more weeks before food can be trucked in because of the extent of the road damage, and even then the supply will probably be inadequate to take care of everyone. You dig out the sack of wheat you stored. It is full of little white worms. You are hungry. You boil it and eat it. After three days on boiled wheat, everybody's digestive system goes haywire. You are out of toilet paper.

You are out of firewood. There are some sources of wood around (like old trees, fences, and telephone poles) but in the whole neighborhood there are only two axes and one hand saw.

It is spring and somehow you're still alive. Much has been improved and rebuilt. It becomes apparent that you need a garden. All the seeds you have are leftovers from last year; corn, beans, radishes, and carrots. It's been a long time since you had a salad. You think the weeds coming up look good. Didn't the pioneers and Indians eat weeds? You try them. At this point, some of them aren't bad.

The neighborhood gets together and decides an irrigation system is necessary to water the gardens. Water should be brought from a nearby stream. There are only four shovels in the whole neighborhood. You all dig the ditch. When you finish, the neighborhood Tonka trucks and tractors are all worn out.

Stray dogs, hungry from a lean winter, are constantly around; a couple of them begin molesting your children while they play. You chase them away with a baseball bat. The

next day, while you are gone, your neighbor shoots the two disruptive animals with a .22 rifle. You hope he was careful. He says he was careful, but they were starting to be violent. You wonder if you should have a rifle. You've been a long time without meat or substantial protein. If you could find the dead dogs, you would be tempted to...

You wish you knew how to raise rabbits or chickens— or something— for fresh meat.

You definitely wish you had some rat poison.

Your garden is growing; bugs are eating it; you have no insecticides.

Your clothes are ragged; your dress shoes and sneakers are worn out.

You wonder: if you went to a rural area, could you find some produce and beg, borrow, steal, or work for it? Then you hear of two acquaintances who have caught some shotgun pellets trying to steal from a farmer's garden.*

Despite the flaws and exaggerations in our story, much of it (and even worse) is all too possible, and it graphically sets the stage for what follows.

The 14-Day Emergency Kit

Within the civil defense system of America is provision to relocate city dwellers to rural areas in case of emergency — especially nuclear war. The Crisis Relocation Program (CRP) recommends a seventy-two-hour kit consisting of prepackaged, easily portable, readily accessible supply of food (the food should not require refrigeration or cooking) and other necessities that can serve your family's needs under any conditions that may occur in your area until you can relocate and be supplied by the Civil Defense System or by some other means. In most disasters the first seventy-two hours are the most critical to survival and many adverse situations develop so quickly there is little or no time for preparations.

Of course a seventy-two-hour kit would take care of things in many foreseeable difficulties. Even in a nuclear war it may be reasonably safe in many areas to leave shelter after seventy-two hours for long enough to retrieve additional nearby

supplies. But in some instances a seventy-two-hour kit would not be enough. The question is: If the emergency lasts more than 72 hours, who is going to feed you? In all candor it is unlikely that the Civil Defense System is sufficiently strong to feed very many people in very many areas. (Call your local Civil Defense Office and ask them!)

Here are some examples where a seventy-two-hour kit may not do the job:

1. A nuclear war, in which case it is reasonable to be prepared to survive for at least two weeks in a shelter with only minimal cooking.

2. A widespread earthquake which may not allow supplies to be forwarded to your area for longer than seventy-two hours.

3. The threat of nuclear war, which could bring about widespread relocation to rural areas.

With very little more preparation, a seventy-two-hour kit can contain enough food and water for two weeks and become a Fourteen-Day Emergency Kit. The kit could then handle a two-week fallout shelter stay or relocation. The foods can be replaced and rotated into normal use every half-year or full year to prevent waste and to assure a usable supply.

The kit should include provisions for food, shelter, heat, sleeping gear, clothing, light, tools, sanitation, personal items, first aid, valuables, water and specialty and miscellaneous items. The most important factor to consider in a crisis is protection from the extremes of the crisis, including water. After that, water is most essential to survival; food is next; and then the other equipment.

The following list gives several possibilities under some headings. These are only meant to be suggestions of various possibilities and not an all-inclusive list of essentials. For instance, under shelter are listed "tube tent, lightweight nylon tent, family-size tent, and/or motor home." You obviously do not need to buy them all; just obtain the best you can practically afford that will do the job. Or, you simply may not be interested in having some of the items listed in your kit.

Food

The food supply should consist of foods you and your family like that provide reasonably balanced nutrition. Special dietary needs, such as those for babies and diabetics, should be considered. Your short-term emergency supply should not require refrigeration and should need little or no cooking. Energy-rich food is helpful in keeping up body energy. Salty foods increase need for water intake and should be minimized.

Although the food should be able to be used without cooking, it would be desirable to provide a means of cooking or at least heating it. Canned heat and heat-tab stoves are very inexpensive and would do the job, as would a regular camping or backpacking stove — which is preferred. A camping cook kit, kitchen cookware, or some shortening cans could be used to cook in.

One list (Essentials of Home Production and Storage, The Church of Jesus Christ of Latter-day Saints, p.11) estimates the following to supply one person with essential nutrients and 2100 calories per day for three days (seventy-two-hours):

- *1/2 lb. canned tuna fish or pork and beans
- *1/2 lb. nonfat dry milk
- *1 lb. graham crackers
- *1 lb. dried apricots
- *46 oz. canned orange or tomato juice
- *1/2 lb. peanut butter

By multiplying these amounts by four and adding some hardtack candy and a couple of cans of stew or freeze-dried meals, this would easily become a fourteen-day rather than a seventy-two-hour supply.

The story of the farmer who told his wife to add another cup of water to the soup whenever a visitor was present for a meal gives some further "food for thought" here. In a hard-press situation you could add some salt, bouillon and hot water to a "meal" that is made to feed four and feed twenty-four. The "soup" might be a little short on calories but it could still be filling and refreshing.

Another concentrated food item that is very convenient and attractive for an emergency supply is "food tabs". These tasty tablets are nutri-

tionally balanced, easily assimilated, and can be stored for several years with no significant deterioration. Several varieties are available.

Dehydrated and freeze-dried foods designed for backpacking and camping are ideally suited for emergency supplies, but adequate water supplies must accompany them.

Meals Ready to Eat (MREs) are very practical and easy to use. These retort foods are used as field rations by the U.S. military and are essentially canned meals in "soft cans" — foil and plastic. They are lighter weight than canned foods, need no cooking, and are widely available. MREs should be heated to make them more palatable. Heating in a water bath is usually most convenient. A variety of entrees are available. Try them first and select the ones you like. Some are rather strong-flavored and may not suit everyone's tastebuds. In fact it could be worse — members of at least one family I know refuse to eat some flavors.

If an MRE pouch is bulging or swollen do not eat it! This is similar to a bulging can and means the contents are spoiled and can cause extreme illness. The soft pouches are more easily perforated than cans — a frequent cause of spoilage.

Dehydrated fruits that are available with MREs are tasty and make good snack food, but eat them slowly and drink water with them to prevent dehydrating your digestive system. This has been a recurring problem and can be fairly serious.

Other suggestions for food include nuts, nut butters, crackers, cereals, canned meats and stews, cheese spreads, hardtack candy, other candy, dried fruits and vegetables, canned milk, powdered milk, vitamin

pills, and at least one pound of table salt per person (man uses).

Food preparation items may be only a sierra cup and a spoon; or paper plates and plastic utensils; or a good camping cook kit, including pans, plates, and cups; or something improvised from the home cupboard for your own needs. Cooking or heating can also be done with empty shortening (or similar) cans or aluminum foil. Dish soap, paper towels and cloth towels, a pitcher for mixing and pouring, and something to use for a dish pan should also be included. And don't forget the can opener!

Shelter

Shelter could be plastic tube tents (2 per person), lightweight nylon tent, large family-size tent, and/or motor home. In addition, a poncho is essential; a piece of polyethylene sheeting, a space blanket, and/or a tarp are very useful.

Heat

Heating needs may be met with a campfire, camp stove, kerosene heater, propane heater, portable metal stove (some of these fold up

and can burn wood or charcoal), heat tab stove, canned heat and stove, matches, lighters and/or other means of lighting fire, and fuel for whatever is used.

Sleeping Gear

Include warm dry clothes; some combination of wool blankets, or other blankets, and/or sleeping bags; a "space blanket;" and an insulating pad.

Clothing

Adequate, sturdy, comfortable clothing is a must. Include sturdy footwear (which may not be available after the disaster) poncho, coat, hat, gloves, socks, and underwear.

Light

Include flashlights and candles — at least. Lamps and lanterns are also possibilities. Don't forget matches and/or lighters and fuel and batteries. Lighters tend to lose their fuel so don't count on them alone for lighting purposes.

Tools

Pliers, saw, axe, file, sharpening stone, wire, cord, adjustable wrench, hammer, screwdrivers, duct tape, shovel, pocket knife and/or larger knife, can opener, bucket, nailbar or crowbar, and pick are all pretty basic.

Sanitation

Remember to include an emergency toilet, toilet paper, feminine hygiene products, disposable diapers, premoistened towelettes, plastic sacks, shovel, soap, towels (paper and cloth), and disinfectant.

Personal Items

Some suggested personal necessities are: toothpaste and toothbrush, hairbrush and/or comb, shaving gear, deodorant (indispensable), mirror, nail clippers, and personal medication. (Baking soda can double as toothpaste and deodorizer for room or person.)

First Aid

Take a first aid course and review the information often. Keep immunizations current — especially tetanus. Keep a first aid kit and a good manual with the kit.

Valuables

Cash, personal papers, licenses, treasured books, important photos, insurance policies, contracts, deeds, social security information, passports, birth certificates, checkbook, charge cards, wills and testaments, genealogical records, jewelry, and so on should be placed where they can be readily retrieved.

Water

There should be at least seven gallons for each person, and preferably fourteen gallons. (Portability becomes a problem here.) Water should be stored in containers no larger than fifteen gallons (depending on the container, fifteen gallons will weigh upwards of 130 pounds) otherwise, it is very difficult or impossible to carry. There are sturdy, heavy-plastic carboys that would probably withstand a substantial earthquake and are

ideal if there is someone around who can lift them. The heavy-duty, one-to-five gallon plastic jugs or buckets with lids and insulated jugs are also good. In a pinch, five gallons of water could keep a person going for a period of two weeks of shelter living; but if you were doing heavy work in southern Arizona in the summer, that amount would not cover it. A purifier and/or purification tablets should also be included. Large plastic bags contained in a burlap bag, pillowcase, or makeshift cloth sack will hold water in the absence of something better.

Specialty Items

Other important items are weapons, communication gear, "survival kit," and war protection equipment. Weapons that may be included in this kit are a matter of individual choice. Most civil defense instructions proscribe firearms in this type of situation, but I think that is somewhat unrealistic — especially in some areas of the country and in some foreseeable circumstances.

Communications gear should include a portable radio (with spare batteries), compass, map of your area, an emergency signaling device (mirror, whistle, flare gun, etc.), and possibly even some CB or other equipment.

A "survival kit" for procuring small animals might include a razor blade, wire, monofilament line, picture-hanging wire, fishing hooks, aluminum foil, a few finishing nails, and a knife.

War protection equipment consists of rain suit or improvised suit to keep nuclear fallout or chemical agents from touching your body or from being carried into your shelter, monitoring equipment for nuclear fallout (i.e., a dosimeter and a survey meter); and, depending on what provision you have made, materials for an expedient fallout shelter including a ventilation devise.

Miscellaneous

Pencils and notebook; polyethylene sheeting; sewing kit (including needles, thread, safety pins and scissor); aluminum foil; fire extinguisher; survival manual; recreational equipment such as games, musical instruments, song books, other books, paints, glue, paper, scissors; small piece of hose (for siphoning); some insect screen; and dust masks. Dust masks are included because many of the potential emergencies, such as a volcano, can produce a lot of dust. A large bandanna could also serve as a dust mask and impart other utility as well.

One final very important item is at least one-half tank of gas in your car.

Containers

Containment of items in this kit could probably be best done in a soft,

waterproof duffle bag or in good backpacks that can be easily carried; but other containers such as trunks, suitcases, new metal garbage cans, could also do the job. Avoid cheap plastic garbage cans; they crack and break with time and in cold. If you use garbage cans, don't overload and make them too heavy to easily lift. Some of these items listed may not lend themselves to sitting in storage — some of the tools and valuables for instance. Keep a list of these things. Don't be misled into thinking you could gather "everything" up at a moment's notice. You can't do it! If you don't believe it — try it!

Preparations to enjoy backpacking and camping can also, at the same time, be important emergency preparations. As part of fourteen-day emergency kit gear, backpacks can be packed with their ordinary backpacking trip containment. Each family member could carry an appropriate-sized kit that would enable his survival if separated from the family group.

As is also mentioned, in a pinch if you have to leave home and pack things in a hurry — lay out three or four layers of sheets and/or blankets. Place things in the middle, fold the opposite ends together and tie them in square knots. Wrap a rope or strap around the knots and tie firmly. Such a bundle can be carried "Santa Claus" style, or two such bundles may be tied to the end of a shovel handle or other sturdy bar or board and carried "yoke" fashion. A good pad (perhaps another blanket) would be necessary to cushion such a yoke from the shoulders.

Don't be overwhelmed by the thought of putting together a 14-Day Emergency Kit. Most of it is already around the house. Just start gathering it up. Begin simply and go from there. It's fine if you have to start out with a piece of plastic, a roll of paper towels, a jug of water, a shovel, a sewing kit, a sack of hardtack, a can of tuna fish, a coat, valuables, and a pencil and notepad. Then with time, keep building it up as you can.

As part of emergency departure preparations all responsible household members should know how to turn off the utilities (gas, electricity, and water). Some will probably require tools to turn them off. If you ever do leave home in the emergency mode it's a good idea to lock the doors and windows too.

In addition, many who have thought considerably about the possibilities for needing emergency kits see the need for a very basic lightweight emergency kit made up of carefully
(continued on page 19)

Hydrogen Peroxide Use For Purification Of "Stuff"

Editor's note: We are re-running this important information on the purification uses of Hydrogen Peroxide not only because of its bearing on the New Gaia Products items (on the next-to-last pages) during these warmer summer months, but also because of the Elite's water contamination and other "plague" introduction plans.

4/27/93 #1 CERES 'ATONN

NECESSARY INSTRUCTIONS: GAIANDRIANA AND OTHER "PRODUCTS"

As we sit to pen this information I am at a loss as to how to keep you from thinking me idiot-material. However, you who already have past information, say, regarding Hydrogen Peroxide and its antiseptic-antibiotic properties, please be patient while we offer information to those who have not received same. Further, Summer is upon you and such as Gaiandriana and the Mo-Gu starters and/or tea need updated care instructions. [See next-to-last pages for the New Gaia Products being referred to here.]

We have gotten back from ONE who said he had the "stuff" tested and found a few bacteria, a virus or two and some E. Coli in the test-run. If it were the Gaiandriana I question that result very, very much. **It is important for you to know that in the culture medium utilized there is a combination of items which CREATE AND PRODUCE HYDROGEN PEROXIDE in the Gaiandriana transformation.** This will purify the liquid. This does not mean that you cannot contaminate the bottle in some manner. However, since intake decreases, usually, let us consider the "setting" bottle, etc. Of course it is recommended that you store the larger quantity in refrigeration facilities.

HOWEVER, if you have no refrigeration facilities, etc. Place the equivalent of 10 drops of food-grade (35%) hydrogen peroxide (H₂O₂) in a small quantity (approximately an ounce) of water (to first dilute the H₂O₂) and then add this diluted H₂O₂ to the 32-ounce

Gaiandriana or Aquagaia bottle. Remember to scale down the number of H₂O₂ drops utilized for the smaller 16-ounce and 8-ounce product bottles. The Gaiandriana or Aquagaia will continue to thrive and the unwanted bacteria and/or any virus will be destroyed and then actually removed by ingestion by the Gaiandriana or Aquagaia activity.

The "tea" (Mo-Gu) is a very different matter. You are making a very sweet growing medium for the membrane and in addition you are growing it in a warm condition (necessary) and further you are setting it for a couple of weeks or so, give or take a bit. What do I suggest? Well, I suggest that probably you won't want to ship much "tea" during the hot months because of lack of refrigeration in route. But, you CAN purify the water used in making the tea with the general rule-of-thumb water-purification formula of 7-10 drops of 35% food-grade H₂O₂ per gallon of water—which will additionally help enhance the membrane growth.

Then, later on, as you process or "harvest" the finished Mo-Gu tea product, and store it in the refrigerator, add another 7 to 10 drops (say, for a gallon storage container of Mo-Gu, with scaled down number of drops for smaller storage containers) of the 35% food-grade H₂O₂. Again, first dilute the H₂O₂ in some water before adding to the Mo-Gu. You will not taste it and neither will it hamper the value.

I always suggest, in adding any 35% food-grade H₂O₂ to anything, that it be **DILUTED FIRST**. Just as you must NEVER drop concentrated anything into the mouth (for it would damage living cellular structures), neither do you dump it full-strength into living culture medium. Dilute it in a bit (say, an ounce) of water first and STIR rapidly whatever it is you are dumping the diluted H₂O₂ into for purification purposes. Naturally, if just purifying a gallon of water, there is no need for active stirring, though a little closed-container agitation (a few shakes) won't hurt.

GETTING "SLIMED"

Another question: What about that

slimy goo in the bottom of the bottle of Gaiandriana or Aquagaia if left out of refrigeration? GOOD GOO! I suggest you now go get some FOOD-PROCESSED ALOE VERA LIQUID. Take a half cup or so of it (some of it is even orange or lemon-lime flavored, etc.) and dump in the "goo" and last portion of a Gaiandriana or Aquagaia bottle. Or, strain the "goo" out of its original bottle and place it into the new aloe vera "home". Leave set for a couple of days and you will have a concentrated batch of Gaiandriana or Aquagaia product which will be an addition to the original bottle.

This is NOT a replacement for the original batch you get for it will not contain all you need. However, in ones who intake products which tend to kill off a portion of the Gaiandriana in the body (like caffeine in coffee)—this will enhance the potency—even if you just drink a little. Remember, Aloe Vera itself has a tendency to make some people feel "queazy" so DO NOT OVERDO how much of this you drink!! However, a full-blown AIDS victim could take ten times a "normal" amount and only improve—for perhaps "feeling good" is a very relative state of being.

Some people are going to run fevers and have "crisis" symptoms as healing takes place. If this goes on for very long, look to other health problems for the cause. First, treat the "liquid batch" with hydrogen peroxide as above described. THEN start on a regimen of hydrogen peroxide according to the instructions given again herein [chart on following page at bottom].

I happen to know that you do not need to work up to any 25 drops as the instructions [following] claim UNLESS you are suffering from flu, infection, or other maladies. If you are "well" and "anything" makes you feel bad—either stop it or, certainly, decrease the amount. USE YOUR REASONING MIND!! Like anything of this nature—TOO MUCH WILL MAKE YOU SICK OR BE DETRIMENTAL—EXCEPT WITH GAIANDRIANA—AND THEN EVEN THOUGH YOU MIGHT NOT FEEL GOOD (BECAUSE OF THE OVERDOSE OF ALOE FROM THE CUL

TURE MEDIUM), YOU WON'T HURT YOURSELF.

HYDROGEN PEROXIDE — H2O2
(35% Food Grade)

Purchase a small eye dropper bottle at the drug store. Fill your small dropper bottle from the large bottle as needed. The large bottle may be stored in the refrigerator or in the freezer inside another plastic container. The small eye dropper bottle should also be kept in the refrigerator. **Always use caution when handling 35% hydrogen peroxide!**

DO NOT use with carrot juice, carbonated drinks or alcohol. For best results, take on an empty stomach 1 hour before a meal or 3 hours after meals.

Formula: Mix the number of drops of 35% hydrogen peroxide into at least 6 oz. of distilled water, juice or milk and stir vigorously, then drink the mixture. Some people eat 1/4 to 1/2 of a banana immediately after drinking the solution. You may prefer something else to eat.

If your stomach gets upset at any level, stay at that level or go back one level. Then proceed to increase your daily dosage again.

When free of complaints you may taper off by taking:
25 drops once every other day for 1 week,
25 drops once every 3rd day for 2 weeks,
25 drops once every 4th day for 3 weeks.

A good maintenance could be 5-15 drops per week, or whatever makes you feel good.

If you get the 35% hydrogen peroxide on your skin rinse it under running water for several minutes.

Soak feet: 1-1/2 oz. 35% to 1 gal. of water.

Bath: 16 oz. 35% to a tub of water to detoxify.

Colonic: 1/2 pt. of 3% per 5 gal. of water.

Douche: 6 tablespoons of 3% per qt. of water.

Candidiasis: 1 drop of 35% 3 times a day; then increase schedule.

For the more serious complaints, stay at 25 drops 3 times per day for 1 to 3 weeks. Then graduate down to 25 drops two times per day until your problem is taken care of. This may be from 1 to 6 months.

If you have a weak stomach you may experience nausea similar to that in pregnancy. Also as dead bacteria or various forms of poisons are released you will experience a cleansing effect as they are released through the elimination organs

of the body: skin, lungs, kidneys and bowels.

Some reactions to the cleansing effect could include skin eruptions, nausea, headaches, sleepiness, unusual fatigue, diarrhea, head or chest cold, ear infections, boils or any other ways the body uses to loosen toxins. This is a natural cleansing of the body and should be of a short duration as you continue to maintain your program.

Formula to make a 3% solution of hydrogen peroxide. Put 1 oz. of 35% hydrogen peroxide in a pint jar. Add 11 oz. of distilled water. This will give you 12 oz. of 3% H₂O₂. Use also for brushing teeth and applying to skin sores.

Do not use 35% H₂O₂ if you have had a transplant.

TO THOSE OF YOU WAITING FOR NEW STRENGTH OF PRODUCT

Because I have mentioned that work is being done on strengthening the Gaiandriana, some of you are backing off and waiting. Please don't do that for research is being done and it will be a while. In addition, one of the items in the medium is being removed in order to enhance the strength. This will mean that you can get the same basic result by adding some food-processed aloe vera to the initial product which will allow a higher level of Gaiandriana presence. Gaiandriana will only grow to its level of fuel (food) available—so just treat the product accordingly.

I am, further, requesting that all further product be receiving hydrogen peroxide for purification purposes. Any

that YOU ADD, however, will only enhance—not damage.

OTHER PRODUCTS

We have tried to make available other products to use in conjunction with the Gaiandriana. **USE YOUR REASON HERE ALSO!!** If something makes you feel bad—don't use it!, cut back on amount or forget it altogether. These are all natural substances so remember, if you are eating anything that makes you feel bad—you quit eating it, right? Just continue the Gaiandriana—I promise you—it is not making you ill. If you are reacting, then it may be due to the "base" or "combining" substance in tableting, etc.

CHLORELLA

We get complaints about chlorella causing indigestion, etc. Chew the tablets or dissolve in a bit of liquid before intake.

Now again, use reason. Are you still eating in addition to the chlorella? Well, perhaps you will wish to reduce the intake. It is better for you than food but you **DON'T NEED EVERYTHING**. We are efforting to show you what you could take with **NO** food in survival situation **AND STILL BE ABUNDANTLY HEALTHY**. Adjust your intake accordingly. If you are caught in an emergency and need survival sustenance—now you know what to take for health needs.

You can subsist on chlorella and water alone. Add Mo-Gu tea, a bit of spelt bread and some lentils (preferably red)

DAY #	NUMBER OF DROPS	TIMES PER DAY	
1 -	3 -	3 -	
2 -	4 -	3 -	
3 -	5 -	3 -	
4 -	6 -	3 -	*
			Adding 7 drops 35% H2O2 to
5 -	7 -	3 -	1 gallon drinking water
6 -	8 -	3 -	purifies it. Shake well.
7 -	9 -	3 -	
8 -	10 -	3 -	
9 -	12 -	3 -	(* Food Grade)
10 -	14 -	3 -	
11 -	16 -	3 -	
12 -	18 -	3 -	
13 -	20 -	3 -	
14 -	22 -	3 -	
15 -	24 -	3 -	
16-22	25 -	3 -	

and you can live healthily ever after—in other words, it would not be malnutrition that would “getcha”. **AND ALWAYS KEEP FOOD-GRADE HYDROGEN PEROXIDE AVAILABLE TO PURIFY EVERYTHING. REMEMBER, 7 DROPS OF 35% FOOD GRADE HYDROGEN PEROXIDE TO A GALLON OF WATER WILL PURIFY IT AND THE WATER WILL PICK UP A MUCH IMPROVED “FLAVOR” OF FRESHNESS—UNDER MOST CIRCUMSTANCES NOT EVEN NOTED AT ALL.** THIS is why one of the first items confiscated from health food stores, labs, and so on—**IS HYDROGEN PEROXIDE IN FOOD GRADE.** I remind you readers of long standing: the best treatment for arthritis and other seemingly “incurable” diseases is hydrogen peroxide therapy in accompanying regimen of Gaiandriana which moves in and restores the cellular restructuring of self.

CRYSTAL LIFE

That is an exceptional product but has become almost out of sight expensive. However, the best results with Gaiandriana are being reported with continued, even if remarkably decreased amounts, of Crystal Life continued right along in conjunction with the Gaiandriana—mixed or otherwise. About 8 to 10 drops mixed or separate under the tongue three times a day is excellent. In illness, however, increase within reason. If I did not already state it prior to this—add 7-10 drops of hydrogen peroxide per quart to the Crystal Life also—especially if non-refrigerated, after opening. This will decontaminate any possible “unwanted visitors” and not damage the product.

WATER

I cannot urge you often enough to **TREAT your faucet water.** Even if you have a reverse-osmosis unit—treat that water with proper amounts of hydrogen peroxide for **YOU DO NOT KNOW WHAT IS IN THAT WATER. IT WON'T HELP CONTAMINATION BY TOXINS BUT IT WILL TAKE CARE OF THE VIRAL OR BACTERIAL CONTAMINATES. IT IS CHEAP AND NON-TOXIC IN PURIFICATION AMOUNTS.** The best mouthwash and gum enhancer is a mouthwash of several drops of hydrogen peroxide in a fourth cup of water (or so) and cleanse mouth after brushing (or just do it several times a day as convenient). If the solution is “light” just swallow the wash—it can only help you unless you have an active mouth infection. Moreover I suggest keeping some hydrogen peroxide near and handy to drop a few drops of undiluted peroxide on your

toothbrush a couple of times a week—or daily—whatever. You will have a sterilized brush and stop spreading germs and recontamination.

SPILLING

If you spill full strength (35%) peroxide on your skin—it will burn you. Rinse immediately under water and it will be fine. It will bleach so rinse anything that gets spattered—in water. It is simply one of those substances which needs to be handled properly. Peroxide offers so many “cleaning” uses that I won't even effort to list them—but you will find it about the most useful item around your kitchen, bath, etc. You can find information at health food stores and vitamin supply outlets.

Our people may also be able to direct you or help you with product or information; I do not attend those things unless brought to my attention. We offer these things as a service rather than a

major business so we are perhaps remiss in full-range material. We can do better when the full load eases a bit. Thank you for your patience and loving support of the ones who have taken this load on in addition to their other tasks—ever without complaint and ever wishing to help and please. At present they are trying to build refrigeration facilities to bring you exceptional product as the months heat up and yet do so with very, very limited resources—so we do thank you for your patience. With George Green's attack on the Institute a lot of things have had to wait or be actually closed down until the audits are over and the reclamation can begin. As you might realize, the impact has been great on all entities in these projects. It is fine—rewards will be in like measure to that which is given forth.

I ask that this message be both run in the paper and sent in addition to all packings in mailings of product.

Thank you.

72 Hour Kit Checklist

- | | |
|---|---|
| <input type="checkbox"/> Water
Stored in a portable container. Rotate regularly. Have at least three gallons per person (for a three day supply). Have a water purification method. | <input type="checkbox"/> Money
Keep at least \$20 in your kit. Be sure to include quarters for phone calls, etc. |
| <input type="checkbox"/> Food
Suitable for long-term storage. Packaged to prevent water damage. Include cups, utensils, paper plates and a can opener, if needed. | <input type="checkbox"/> First Aid Supplies
Pain relievers, bandages, antiseptics, clean cloths, burn ointment. Include any personal medications. |
| <input type="checkbox"/> Extra Clothing
A complete outfit of warm clothing for each family member. Include extra socks, and underwear. Include walking shoes. | <input type="checkbox"/> Special Needs
For babies: diapers, ointment, bottles & pacifiers, hand towels, special foods, and other supplies as needed. Consider the needs of elderly people as well as those with handicaps or other special needs. |
| <input type="checkbox"/> Warmth & Shelter
Coats, hats, scarves, and gloves for everyone. Include warm blankets (wool or emergency blankets are best). Rain ponchos, garbage bags, and/or umbrellas to keep off the rain. Warm Packs or other heat source. Pup tent or tarp. | <input type="checkbox"/> Stress Relievers
Card games, books, small hobbies, hard candy, Bible. For children: small toys, paper and pen, favorite security items. |
| <input type="checkbox"/> Light Source
Flashlight with extra batteries or a chemical lightstick. Kerosene lanterns are fine, but any flame may pose a hazard, especially near potential gas leaks. Have at least two quick and safe light sources in your kit. | <input type="checkbox"/> Communications
Portable radio with batteries, signal mirrors, whistles, red flags, signal flares. |
| <input type="checkbox"/> Tools
Pocket knife, lightweight shovel, duct tape, matches, pocket sewing kit, screwdriver. | <input type="checkbox"/> Personal Sanitation
Sanitary napkins, razors, toothbrush, hand soap, dish soap, towels, toilet paper. |
| <input type="checkbox"/> Important Papers
Important family documents (such as birth certificates, marriage certificates, insurance forms, wills), addresses and phone numbers of relatives, and places to meet if separated. | <input type="checkbox"/> Portable Container
Such as a book bag, backpack, or duffel bag. Should be easy to carry and lightweight. Shoulder straps are best for traveling long distances. |
| | <input type="checkbox"/> Additional Items, added as carrying weight and expense of kit will allow:
Extra food, camp stove and cooking equipment, tents, sleeping bags, sun block, insect repellent, portable toilet. |

New Gaia Products

GAIANDRIANA

Gaiandriana is a non-alcoholic health tonic which provides basic "foods" to help cells, weakened by the stresses of modern life, to return to a state of health.

The better our cells function, the greater is the stamina returned to our internal defense systems, and the better we can counter the constant onslaught of biological and viral invaders. The end result is a feeling of well-being by, of course, being well!

The Gaiandriana (commonly referred to as "chondriana" in the Biological literature) are capable of intelligent, organized attack against cellular invaders like viruses. Think of it as a "pac-man" operation of sorts. However, beyond that, the Gaiandriana are capable of stimulating cellular structural repairs due to damage caused by, for instance, free radicals and cumulative levels of so-called "background" radiation in our modern environment. Healthy DNA and RNA within the nuclei of our cells then lead to properly formed and concentrated enzymes, upon which healthy cellular function depends.

Gaiandriana liquid is made entirely from wholesome natural ingredients.

AQUAGAIA

Complementary to the Gaiandriana product, Aquagaia is also a non-alcoholic health tonic which provides basic "foods" to help cells, weakened by the stresses of modern life, to return to a state of healthy function.

Aquagaia contains *mitochondria*. These are the major biochemical energy "processors" within cellular metabolism. First, enzymes begin the breakdown process of organic nutrients (like fats, carbohydrates and proteins) to intermediate substances such as amino and pyruvic acids. Then, in the next "bucket brigade" step, these various acid molecules are processed within the mitochondria to release chemical energy recognized as adenosine triphosphate (ATP).

About 95% of the energy needed to "run the machinery" that keeps each cell going and healthy is produced in the mitochondria. Unfortunately, the mitochondria are particularly damaged by free radicals and cumulative levels of so-called "background" radiation in our modern environment. These compromised mitochondria, like half-dead batteries, then lead to impaired cellular functioning and health. Thus is the importance of Aquagaia, with its assimilable

supply of healthy mitochondria — like "fresh batteries" for the body's cells.

The better our cells function, the greater is the stamina returned to our internal defense systems, and the better we can counter the constant onslaught of biological and viral invaders. The end result is a feeling of well-being by, of course, being well.

2/11/93 #2 HATONN

GAIANDRIANA AND AQUAGAIA:

To help in understanding the workings of these organic "pac-men" you must realize that there is a protein covering "cap" on viruses. The protein cap is centered on a charged zinc atom and is the part of the virus that recognizes and binds to DNA—in turn allowing the virus to reproduce.

Aquagaia, in conjunction with the Gaiandriana, knock out the zinc atom (a simple "charge" change), which renders the protein ineffective. This is a breakdown of "parts" of the Gaiandriana male/female DNA structure which release many working variants but frees the Gaiandriettes or "killers" to take out that zinc atom and pass right into the affected cell. Without the "cap", the virus cannot reproduce and infect more cells—further, the damaged virus feeds the Gaiandriana unified cells and the circulating mitochondria.

Healthy cells are not affected because they lack the zinc-centered protein cap on the virus.

These "Gaia" compounds have an effect on cancer cells because they stop an enzyme on the cancer cells from producing a "messenger" molecule that blocks a second enzyme from attacking the cancer cell's DNA. The compounds (Gaia) have been seen to actually take out leukemia, breast, brain and colon cancer cells. We have no claim to anything other than stating that people utilizing these simple and natural substances do show improved well-being and do report feeling generally and, often remarkably, improved as to state of health, thought processes and stamina.

The obvious conclusion is that there might well be good reports of better health and faster recovery following infection by other viruses than those mentioned above. All viruses known react in generally the same manner.

It is known that many diseases are due to retroviral DNA and these are the most affected viruses by the Gaia-chondrianas (living crystal forms). We, again, make no medical claims—we

are simply reporting in an effort to explain WHAT takes place within the cellular structures of living organisms. If you really want to witness remarkable growth in plants and good stamina and health in pets and other animals—try a little of these additives as you would vitamins or fertilizers. Use in a mildly vitamin C based solution on same. At transplant time for garden plants and houseplants—soak their little root systems in this natural and mild solution. Just add a tablespoon of Gaiandriana, a few drops of liquid vitamin C or C-crystals to a quart of water and let set for 48 hours—then it is ready for use. It will not negatively interact with anything other than perhaps harbored viruses and disease spores and organisms.

NOTE

If any product you receive has an unpleasant odor—it is from the finishing culture process. Leave the bottle open to air and it will quickly dissipate. Then, depending on taste and preference—refrigerate after opening and reclosing.

IMPORTANT: Do not mix the two, Gaiandriana and Aquagaia, together for storage as the Aquagaia (mitochondria) is aggressive and begins to "eat" the Gaiandriana for fuel. They go about their appointed tasks once ingested, but in bottle prisons they are not particularly compatible once the available fuel supply is exhausted. Juices are excellent to take with the Aquagaia because the mitochondria must have the fuel derived from same, the most effective juice being from the tropical "Guava" fruit. Any juice is fine, however, and is most pleasant to intake. Diabetics should utilize whatever juices are available on their food plan to keep within the safe guidelines for calories and other requirements.

The most innocuous and easy intake available is simply a few drops under the tongue, both products taken at the same time or at different times of the day. Once the "initial" program is begun and maintenance is followed, certainly the drops under the tongue are the least annoying to any daily regimen.

A-C-E ANTI-OXIDANT FORMULA

There is growing evidence that essentially everyone in our society is exposed to free radicals, now more than ever. While free radicals are normal products of our cells and have certain beneficial roles in the body, increased levels of free radicals in our body tissues can be detrimental to our health.

Free radicals are highly unstable substances produced in the body through, among other routes, the metabolism of oxygen. Free radicals multiply through a series of chain reactions and can attack the polyunsaturated fatty acids of cell membranes. Unless excess free radicals are neutralized, they can cause considerable damage to the structure and function of cell membranes, and thus the cells themselves. The

products from free radical reactions are implicated in the progressive accumulation of deleterious cellular changes over time, which may eventually result in recognizable disease. Free radical damage is implicated in the initiation and promotion of many cancers, as well as hardening of the arteries.

One area of Aging Research suggests that free radicals damage body cells and cause the pathological changes associated with aging. Besides being byproducts of the metabolism of oxygen, such as during strenuous exercise, we also generate significant levels of free radicals from the environment, such as from so-called "background" levels of ionizing radiation.

Cooperative defense systems that can protect the body from free radical damage include certain enzymes and the antioxidant vitamins A, C, and E and beta-carotene, which protect cell membranes from oxidative damage. Vitamin E, one of the fat-soluble vitamins, is present in the blood as d-alpha-tocopherol and is well accepted as the major antioxidant in lipid body tissues. Vitamin E is considered the first line of defense against cell-membrane damage due to peroxidation. Vitamin E scavenges free radicals, terminating chain reactions and confining damage to limited areas of the membrane. Selenium contained in the enzyme glytathione peroxidase is the second line of defense that destroys peroxides before they can damage cell membranes. Beta-carotene, a precursor of Vitamin A, also traps free radicals. Vitamin C is water soluble and serves to neutralize free radicals in aqueous systems.

The antioxidants show promise as cancer-prevention agents, alone and in combination.

GINKGO BILOBA **(Ginkgo Biloba extract 24%)**

The Ginkgo Biloba, or Maidenhair tree, is one of the oldest living species on this planet. Ginkgo has flourished almost unchanged for 150 million years, and its ancestors can be traced back 250 million years. It is because of this antiquity that the Ginkgo Biloba tree is called "*the living fossil*". Individual trees are believed capable of living 2000 to 4000 years. During the last ice age, Ginkgos nearly became extinct. These trees survived only in China and other parts of Asia, where they stayed until approximately 1,000 years ago. At that time, Ginkgo trees were also planted around monasteries in Japan, where they still live today.

The name *Ginkgo* may come from the Chinese *Sankyo* or *Yinkuo* (Yin Guo), meaning "hill apricot" or "silver fruit". The word *biloba* means "two lobes" and describes the young leaves. Although modern medical research focuses mainly on the leaves of Ginkgo, the Ginkgo fruits and nuts have been used in China since time immemorial as a delicacy and tonic food. Ancient Chinese texts record Ginkgo's use as a medicinal agent as far back as five thousand years ago.

The Ginkgo Biloba extract is a complex compound. The green leaves of the tree are

usually harvested from trees grown on plantations in South Korea, Japan and France.

Ginkgo is reported to have a natural affinity for the nervous system. It also seems to stimulate the vascular and endocrine systems that, in turn, strongly affect the function of the nervous system, possibly increasing the capacity for normal physical activity, and the flow of blood to the brain. Some research indicates the possible effectiveness of Ginkgo in the treatment of *Alzheimer's* disease.

Due to its pharmacological properties, Ginkgo is now widely used throughout Europe for treating many forms of vascular disease. In a survey of packaging information of European products, Ginkgo has been recommended for such ailments as headaches, vertigo, inner-ear disturbances, diminished intellectual capacity and alertness as a result of insufficient circulation to the brain, anxiety, and depression, to name a few.

Ginkgo Biloba Extract (24%) is concentrated from the leaves of the Ginkgo Biloba tree. The highly specialized extraction process yields a 50:1 concentrate from the leaves (50 grams of leaf produce 1 gram of extract). The extract is then further standardized to contain 24% of the active Ginkgo Flavoglycosides.

MO-GU ELIXIR

The first recorded use of Mo-Gu Elixir was during the Chinese Tsin-Dynasty in 221 B.C. It was referred to as "*The Remedy for Immortality*" or "*The Divine Tsche*".

It has been well documented that there are certain people who live to be well past a hundred years of age. These people live in such areas as the mountainous Caucasus, Yakutia in Siberia, the Poltava District of the Ukraine, Tibet and Spain. There is an area in Russia called Kargasok where the people are a dairy- and vegetable-eating populace. Centenarians are common among these people. They attribute their longevity to the Yeast Enzyme Tea (Mo-Gu Elixir) which has been in their diet for hundreds of years. It is said that Mo-Gu and yak butter are staples among the dwellers of the high Himalayas.

Mo-Gu has been used throughout history in China, Japan, Russia, Korea, and India. It has been said to promote a feeling of well-being and overall physical restoration. It has been known by many names, some of which are: Fungus Japonicus, Fungojapon Kombucha, Pichia Fermentans, Cembuya Orientalis, Combuchu Tschambucco, Volga-Spring, Champignon de Longue Vie, Teekwass, Kwassan, and Kargasok.

The Mo-Gu fungus constructs in a membrane form and is a symbiosis of yeast cells and different bacteria. Among these bacteria are: Bacterium Xylinum, Bacterium Gluconicum, Acetobacter Ketogenum, and Pichia Fermentans.

The Mo-Gu fungus needs to live in a solution composed of common (black) tea and sugar. In the proper temperature environment they multiply constantly. They do not build spores as yeast normally does, but instead multiply by a process of branching.

CHLORELLA

Chlorella is a single-celled, fresh-water algae. Believed to be the first form of life with a true nucleus, chlorella dates back approximately 2.5 billion years, making it *pre-Cambrian*. Through the process of photosynthesis chlorella cells reproduce themselves by cell division at the rate of four new cells every 17-24 hours. It was not until the 1890s that chlorella was identified under the microscope. In naming it, the prefix *chlor* was selected to signify green, while the suffix *ella*, indicates small. Chlorella is the most researched algae in the world and remains the most popular with millions of consumers worldwide.

Chlorella is a nutritionally balanced whole food and contributes to the health and growth of human cells like no single vitamin or mineral possibly can.

Chlorella is extremely high in protein (60%) and contains more than 20 vitamins and minerals, 19 of the 22 essential and non-essential amino acids, enzymes and chlorella growth factor. It is one of the richest sources of RNA and DNA known and has twenty times as much chlorophyll as alfalfa, 10 times more than other edible algae including spirulina, and 10 times more than barley grass.

Chlorella is a natural vitality enhancer. The vitamins found in chlorella cells include: Vitamin C, provitamin A, B-carotene, chlorophyll a, chlorophyll b, thiamine (B1), riboflavin (B2), pyridoxine (B6), niacin (B3), pantothenic acid, folic acid, vitamin B-12, biotin, choline, vitamin K, PABA, lipoic acid, inositol and para-aminobenzoic acid. The minerals include: phosphorus, potassium, iodine, magnesium, sulphur, iron, calcium, manganese, copper, zinc and cobalt.

The amino acids include: lysine, histidine, arginine, aspartic acid, threonine, serine, glutamic acid, proline, glycine, alanine, cystine, valine, methionine, isoleucine, leucine, tyrosine, phenylalanine, ornithine, tryptophan.

The suggested daily consumption is 3 grams per day.

ECHINACEA GOLD PLUS **with American Ginseng**

In recent years few medicinal plants have garnered as much attention as Echinacea (*Echinacea Purpurea* and *Echinacea Angustifolia*). The genus name is derived from the Greek *echinos*, (hedgehog or sea urchin) referring to the prickly scales of the dried seed head. Echinacea was widely used medicinally among Native Americans, particularly in the Plains. It is a product which is now used widely throughout United States and Europe.

Echinacea is a non-specific stimulant to the immune system. Claims for Echinacea include: stimulation of leukocytes, mild antibiotic activity, anti-inflammatory activity, stimulation of the adrenal cortex, stimulation of the properdin/complement system, interferon-like activity, stimulation of general cellular immunity, and

antiviral activity. Internal preparations are said to assist in alleviating cold and flu symptoms, respiratory infections, and arthritis, to name a few.

Goldenseal (*Hydrastis Canadensis*) is generally placed in the buttercup family. The name Goldenseal was adopted in 1880, previously having been known as Yellow Root. Goldenseal was widely used among the Native American population, particularly among those in the East. The Cherokee used the roots as a wash for local inflammations, for general debility, dyspepsia and to improve appetite. The Iroquois used it for whooping cough, diarrhea, liver trouble, fever, sour stomach, flatulence, and pneumonia. Benjamin Smith Barton first referred to the use of Goldenseal for rattlesnake bites as early as 1793. Clinical recognition of the use of Goldenseal came in the early 1850s and has continued to this very day.

Goldenseal is among the most popular herbs in the American health food market. Uses are numerous, including but not limited to: antiseptic, hemostatic, diuretic, laxative, and tonic/anti-inflammatory for the mucous membranes, hemorrhoids, nasal congestion, mouth and gum sores and eye afflictions.

Ginseng can be literally translated from Chinese as "the essence of man" or "man-shaped precious root." Few medicinal plants in the world possess Ginseng's near-legendary status. Dating back thousands of years, its history of use in the Orient records therapeutic properties so wide ranging that it was first dismissed by Western doctors as a "panacea". When fatigued, Ginseng reportedly restores both physical and mental functions to peak efficiency and, with regular use, improves resistance to disease and stress. American Ginseng's genus name is *Panax Quinquefolius*.

Over 40,000 species of mushrooms exist, many of which are used as medicines. Of particular note are such remedies as penicillin- and ergot-based extracts used in migraine treatment, to name a few. Extensive research has been done with one mushroom in particular, namely, Reishi. This mushroom is now considered a tried and true immune system fortifier.

References to the use of Reishi in the treatment of a variety of complaints date back as far as 2700 B.C. in Chinese literature. It is referred to by a number of names, including the "ten thousand year mushroom". The rarity of this particular mushroom has increased its value. The Chinese emperor Shih Huang Ti (250-210 B.C.) mounted expeditions of hundreds, even thousands of men to find the Reishi. Recently techniques have been developed for the cultivation and harvesting of the Reishi Mycelium. Writings about Reishi place it in the category of "fu zheng" herbs and claim it is a medicine that improves the ability of the body to maintain balance by strengthening natural resistance and generally improving health.

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QUANTITY	ITEM	PRICE PER BOTTLE	10-19 (LESS 10%)	20 OR MORE (LESS 15%)	TOTAL
	GAIANDRIANA 8 oz. LIQUID (no discount)	\$21.00	\$21.00	\$21.00	
	GAIANDRIANA 16 oz. LIQUID (no discount)	\$41.00	\$41.00	\$41.00	
	GAIANDRIANA 32 oz. LIQUID (1 qt.) (no discount)	\$81.00	\$81.00	\$81.00	
	AQUAGAIA (Mitochondria) 8 oz. LIQUID (no discount)	\$21.00	\$21.00	\$21.00	
	AQUAGAIA (Mitochondria) 16 oz. LIQUID (no discount)	\$41.00	\$41.00	\$41.00	
	AQUAGAIA (Mitochondria) 32 oz. LIQUID (1 qt.) (no discount)	\$81.00	\$81.00	\$81.00	
	MO-GU ELIXIR Culture Start (LIQUID) (no discount)	\$40.00	\$40.00	\$40.00	
	A-C-E Anti-Oxidant Formula (180 TABLETS)	\$24.95	\$22.46	\$21.21	
	GINKGO BILOBA (24% Extract) (180 TABLETS/40 mg. EA.)	\$24.95	\$22.46	\$21.21	
	CHLORELLA (1/2 LB) (500 TABLETS - 500 mg. EA.)	\$32.00	\$28.80	\$27.20	
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THESE WORKS ARE A SERIES CALLED THE **PHOENIX JOURNALS** AND HAVE BEEN WRITTEN TO ASSIST MAN TO BECOME AWARE OF LONGSTANDING DECEPTIONS AND OTHER MATTERS CRITICAL TO HIS SURVIVAL AS A SPECIES. **JOURNALS** ARE \$7.95 EACH PLUS SHIPPING. ORDER 4 OR MORE AND DEDUCT 10%.

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- **7. THE RAINBOW MASTERS
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 - **58. FROM THE FRYING PAN INTO THE PIT OF FIRE
 - **59. "REALITY" ALSO HAS A DRUM-BEAT!
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